

SCORE 386

APPENDIX 3

STUDENTS' ADJUSTMENT SCALE—SADS

CT		
P		
C		
S		
CR		
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INSTRUCTIONS

This is not an examination or academic test Hence, please feel relaxed in answering this test. Your answers will be kept confidential Therefore, be FRANK and FREE in giving your answer

In your classroom, you have to adjust constantly to your teacher and her teaching, to your companions, to the various subjects you have to learn, to the physical conditions of your classroom, and occasionally to your Principal and school.

1 Please read the statements carefully. Encircle the number of only those statements that are applicable to you

2. In the ranking column, rank any five statements that are most applicable to you, in the order of preference

Name of the student

School

Class Age Sex

Investigator

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Guide

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Adapted from Sister Marie de Sales A. C's Research
'CASE' M S University of Baroda.

I. Adjustment Toward The Class Teacher	My Rank of Preference
1. My teacher teaches according to the mental ability of the students
2. My teacher is very strict
3. I feel free to talk to and discuss with my teacher
4. Equal attention is not given to students in class
5. I do not feel hesitant to ask my teacher questions
6. My teacher is not frank and open with me
7. My teacher pays attention to whatever I say
8. My teacher comes late to class
9. I feel that my teacher mixes freely with us
10. My teacher is sarcastic and insults me publicly
11. My teacher encourages me very much in my studies
12. I cannot approach my teacher easily as she does not show willingness to help
13. My teacher is kind and friendly
14. I feel that my teacher does not understand my problems
15. My difficulties are solved by my teacher
16. My teacher does not smile and is mostly serious
17. My teacher has a good knowledge of her subject
18. I feel that my teacher does not give me enough opportunities to develop my personality
19. I would be happy if we had frequent tests
20. I do not like to attend class because my teacher is boring and dull
21. My teacher is jolly and humourous
22. My teacher is pre-occupied with her work and has no time for her pupils
23. It is encouraging to see my teacher work hard
24. My teacher wastes time in class by telling jokes
25. My teacher has the patience of explaining till I understand
26. My teacher has superior, aloof and over-bearing attitudes
27. My teacher makes her lessons interesting and lively
28. My teacher is partial to brighter students
29. I confide in my teacher because I trust her
30. My teacher lacks sympathy and understanding when she deals with me

	My Rank of Preference
II. Adjustment with the Principal	
31. I converse freely with my Principal because she is good natured and friendly.	
32. I am afraid of my Principal and therefore behave well in her presence	
33. My Principal understands me and my problems	
34. I do not know my Principal enough because she is busy and I hardly meet her.....	
35. My Principal does not stand on her dignity but mixes with us very well.	
36. I feel unhappy because our Principal wants us only to study and not to play	
37. My Principal is interested in the school and manages it well.	
38. I do not like my Principal because she corrects me in front of the whole class	
39. I like my Principal because she forgives us when we do wrong.	
40. I do not approach my Principal for anything because she gets angry very soon	
III. Adjustment with Companions	
41. I feel free in the company of my classmates as they mix with everyone freely	
42. There are cliques (groups) in our class and I feel left out.	
43. I trust my classmates because they are sympathetic and they understand me.	
44. Some of the habits of my classmates irritate me.	
45. I love my classmates because they are all united and co-operative.	
46. I do not like some of my classmates who are self-centered and selfish and who do not want to share their knowledge	
47. I feel happy in the company of my classmates because they are good-natured and friendly	
48. I feel irritated with my classmates who are narrow-minded and who carry tales	
49. I like my classmates because they are frank and outspoken	
50. I avoid the company of those classmates who are proud and boast a lot.	
IV. Adjustment with Various Subjects	
51. I find that most of my subjects are interesting.	
52. I do not have subjects which I like in the syllabus.	
53. I like my subjects because I like the teacher who teaches them.	
54. I am disinterested in certain subjects because they are not needed in later life	
55. I feel that teachers create interest in us to learn difficult subjects.	
56. I have a natural dislike for certain subjects and do not feel like studying them	

	My-Rank of Preference
57. I enjoy some classes because teachers make them interesting.
58. I feel that some subjects are not taught properly
59. Sufficient home-work is given to us in various subjects
60. I study only those subjects which are easy and to my liking.
V. Adjustment with Classroom	
61. I love to be in my classroom because it is spacious and well ventilated.
62. My classroom is very hot and there are not enough fans.
63. I feel good to be in my classroom because it is always tidy and clean
64. I feel uncomfortable in class because it is over-crowded.
65. I feel happy about the good location and healthy surroundings of my classroom.
66. There is no atmosphere of study in my classroom as there is too much noise coming from outside.
67. The sitting arrangement in our class is changed frequently so that we get a chance of being next to different companions
68. The desks and chairs in our classroom are quite comfortable
69. There are no facilities in our classroom for group study
70. The black-board in our classroom is not suitably placed.
VI. Adjustment with School	
71. I like my school because individual interest is taken in the students.
72. The library facilities in our school are inadequate.
73. My school is a second home for me, as the Principal, teachers and companions are friendly.
74. I am not happy with my school as importance is given only to studies and not to games and extra-curricular activities.
75. I would not like to change my school because it places more emphasis on discipline and character-formation.
76. Going to school daily, is repulsive to me.
77. I like my school because of its good location and impressive building
78. The rules of the school seem meaningless to me.
79. I am proud of my school because it maintains a high standard of education
80. It is difficult to go to school as it is far away from the city.