

## Bibliography

- Abdulganiyu Ayo Salawu. (2008). The Importance of Guidance and Counselling Unit in Tertiary Institutions. *Ser, 10*. Retrieved December 11, 2021, from file:///C:/Users/HP/Desktop/The Importance of Guidance and Counsellin.pdf
- Abugieye, A. O. (2010). *Evaluation of Teaching and Learning of Guidance and Counselling in Colleges of Education in Cross River State*. Retrieved October 11, 2022, from <https://codemint.net/education/evaluation-of-teaching-and-learning-of-guidance-and-counselling-in-colleges-of-education-in-cross-river-state/index.html>
- Achi, H. Ellenell O. Biageli O. Nyem. (2017). Challenges Facing Guidance and Counseling in Higher Education in Africa. *International Journal of Progressive and Alternative Education, 4*(1), 1–15.
- Adamu, B. A. (2014). Guidance and Counselling as A Tool for National Transformation of Nigeria. *Department of Education ( Technical ) College of Science & Technology Kaduna Polytechnic Being a Paper Presented at the National Conference of Colleges on 9th - 12th April, 2014*. Retrieved October 11, 2022, from [https://www.academia.edu/36199412/Guidance\\_and\\_Counselling\\_as\\_a\\_Tool\\_for\\_National\\_Transformation\\_of\\_Nigeria](https://www.academia.edu/36199412/Guidance_and_Counselling_as_a_Tool_for_National_Transformation_of_Nigeria)
- Adanna, C. M., Agerewe, S. B., & Rita, K. B. (2023). Guidance and Counseling Service Nigerian University System: Problems and Way Forward. *International Journal on Integrated Education, May*.
- Adebowale, T. (2011). Perceived Availability of Guidance and Perceived Availability of Guidance and Counselling Services Among Tertiary Institution Students in Selected South-West Universities in Nigeria. *Ife PsychologiA, March*.
- Adoga, O. R. O. (2018). *Quality Education through Guidance and Counselling Services in National Open University of Nigeria ( NOUN )*. Retrieved December 11, 2021, from <https://doi.org/10.5281/zenodo.3908516>.
- Adzakpa, H. D., Dusu, S., & Adangabe, A. A. (2020). Guidance Services Availability to Student-Teachers in Colleges of Education in Volta Region, Ghana. *International Journal of Humanities and Social Science, 10*(8), 91–100. <https://doi.org/10.30845/ijhss.v10n8p11>
- Adzakpa, H. D., & Nyarko-sampson, E. (2019). Teacher-Trainees' Perception of Guidance Services in Colleges of Education in the Volta Region, Ghana. *Research on Humanities and Social Sciences, 9*(24), 39–48. <https://doi.org/10.7176/rhss/9-24-06>

- Afari, S. A., Osei, M., & Adu-Agyem, J. (2015). Recidivism at the Kumasi Central Prison: A Look into Guidance and Counselling Services. *Journal of Education and Practice*, 6(9), 130–136.  
<https://search.ebscohost.com/login.aspx?direct=true&db=eric&AN=EJ1082450&site=ehost-live>
- Agwu, M. E. (2020). Entrepreneurship Education as Panacea for Unemployment Reduction. *Journal of Management and Strategy*, 11(1), 37. <https://doi.org/10.5430/jms.v11n1p37>
- Ahmed, E. Y. E., Ahmed, H. A., & Awad, E. E. (2015). Students' Perception to Psychological Counselling Services at Omdurman Islamic University in Khartoum State-Sudan. *IJSRST*.
- Aidoo, J. (2011). *Administration of guidance and counselling in the Colleges of Education in Ghana (Doctoral dissertation, University of Cape Coast)*. Retrieved October 15, 2022, from <http://erl.ucc.edu.gh:8080/xmlui/bitstream/handle/123456789/1586/AIDOO%202011.pdf;jsessionid=4D3D4D2D1B538CA805B9AA8ED7A6FF6A?sequence=1>
- Alale, A. A. (2019). The provision of guidance services in colleges of education in northern Ghana. *Journal of Education and Practice*. <https://doi.org/10.7176/jep/10-14>
- Alemu, Y. (2013). Assessment of the Provisions of Guidance and Counseling Services in Secondary Schools of East Harerge Zone and Hareri Region, Ethiopia. *Middle Eastern & African Journal of Educational Research*, 2, 28–37.  
<http://majersite.org/issue2/yirgalem.pdf>
- Aliyu, A. M. (2017). Problems and prospects of guidance and counselling in schools and colleges of education. *International Journal of Education and Educational Research*, 1(1), 1–52.
- Amani, J., & Sima, R. (2015). The Status of Career Counselling Services in Higher Learning Institutions in Tanzania. *International Journal of Education and Social Science*, May.
- American Counseling Association (ACA) Code of Ethics. (2014). American Counseling Association. Counseling.org. Retrieved from <https://www.counseling.org/resources/aca-code-of-ethics.pdf>
- Andhra, P. G. K. (2023). Difference Between Guidance and Counseling. Key differences. In *Encyclopedia of Social Work* (pp. 1–10). Retrieved February 11, 2024, from <https://doi.org/10.1093/acrefore/9780199975839.013.30>
- Anim, A. (2020). Assessing the Prevalence and Patronage of Guidance and Counselling Services at Kumasi Technical University. *IOSR Journal of Humanities and Social*

*Science.*

- Ankwansiize, E. G. (2015). Guidance and Counseling and the Students Academic Performance of Nkumba University in Wakiso District -Uganda. *Nkumba Business Journal, 14*.
- Anna, N. H., & Bojuwoye, O. (2019). Experiences of Stakeholders on the School Counselling Services in Ohangwena Region of Namibia. *The European Journal of Educational Sciences, 06*(01), 1–21. <https://doi.org/10.19044/ejes.v6no1a1>
- Ansah, F., Swanzy, P., & Obeng, R. A. (2019). *No PhD , no tenure policy – Is it the best way forward ?* University World News Africa Edition. Retrieved December 11, 2022, from <https://www.universityworldnews.com/post.php?story=20190103090808316>
- Ansah, J. K. (2015). Self-Perceived and Self-Expressed Social and Personal Problems of Students: the Case of Cape Coast Polytechnic, Ghana-Implications for Guidance and Counselling. *International Journal of Innovative Research and Development, 1*(1), 328–343. <http://www.ajaronline.com/index.php/AJAR/article/view/96>
- Anyi, E. M. E. (2017). The Role of Guidance and Counselling in Effective Teaching and Learning in Schools: The Cameroonian Perspective. *International Journal of Educational Technology and Learning, 1*(1), 11–15. <https://doi.org/10.20448/2003.11.11.15>
- Arfasa, A. J., & Weldmeskel, F. M. (2020). Practices and challenges of guidance and counseling services in secondary schools. *Emerging Science Journal, 4*(3), 183–191. <https://doi.org/10.28991/esj-2020-01222>
- Arkorful, P., Adam-Yawson, N. A., & Insaideo, S. O. (2021). The Level of Awareness of Guidance and Counselling at Komenda College of Education. *American Journal Education and Practice.*
- Asamari, A. A., & Namale, M. K. (2018). *Perception of Students towards Guidance and Counselling Services in Colleges of Education in Northern Ghana. 1*, 121.
- Asare, K. B. (2011). Community participation in Basic Education in the Kwabre District of the Ashanti Region of Ghana. *International Journal of Basic Education, 2*(1), 43–52.
- Asare, K. B., & Nti, S. K. (2014). Teacher Education in Ghana : A Contemporary Synopsis and Matters Arising. *SAGE Open*. <https://doi.org/10.1177/2158244014529781>
- Asiedu-Yirenkyi, C., Kyere, E. A., & Ofori, K. N. (2019). Evaluation of Guidance and Counselling Practices in Schools: a Case Study of Manhyia Sub-Metropolis, Ghana. *International Journal of Education, Psychology and Counseling, 4*(28), 52–63. <http://www.ijepc.com/PDF/IJEPC-2019-28-03-07.pdf>

- Athar, K. (2019). *Meaning , Principles , and Need of Guidance*. Retrieved October 11, 2023, from <https://www.toppr.com/bytes/meaning-principles-and-need-of-guidance/>
- Atsuwe, B. A., & Albert, A. O. (2018). The Influence of Guidance and Counselling on Academic Performance of Secondary Schools Student in Makurdi Local Government Area, Benue State. *International Journal of Educational Studies*, 05(02), 71–78. <http://www.escijournals.net/IJES>
- Atta-frimpong, H. (2013). *Assessing the Effectiveness of Guidance and Counselling in St. Joseph 'S College of Education – Bechem*. Retrieved May 11, 2023, from <https://ir.ucc.edu.gh/xmlui/bitstream/handle/123456789/2778/ATTA-FRIMPONG%202013.pdf?sequence=1&isAllowed=y>
- Augustyn, A. (2020). *projective test*. Retrieved October 11, 2023, from [https://scholar.google.co.in/scholar?q=Augustyn,+A.+\(2020\).+projective+test.&hl=en&as\\_sdt=0&as\\_vis=1&oi=scholart](https://scholar.google.co.in/scholar?q=Augustyn,+A.+(2020).+projective+test.&hl=en&as_sdt=0&as_vis=1&oi=scholart)
- Awabil, G., & Jones, C. A. (2018). Attitude of Ghanaian University Students Towards Online Counselling Attitude of Ghanaian University Students Towards Online Counselling. *Journal of Education and Practice*, 9(July).
- Awinsong, M., Dawson, O., & Gidiglo, B. E. (2015). Students " Perception of the Role of Counsellors in the Choice of a school Career: a study of the Mfantseman Municipality in Ghana. *International Journal of Learning, Teaching and Educational Research*, 13(3), 79–99.
- Backes, E. P. (Ed.). (2018). Transforming the financing of early care and education.
- Batool, F., Maqsood, F., & Malik, S. (2023). Guidance and Counselling for Students: A Need Assessment. *International Review of Basic and Applied Sciences*.
- Bedu-Addo, P. K. A. (2016). *Guidance & Counselling “Unmasked”*. (Fourth Edition). Approach’s Ghana Limited (Publishers).
- Bell, R. (2013). *Record Keeping for the School Counselor: Ethical Considerations*. Retrieved October 11, 2022, from <https://bellrm.files.wordpress.com/2013/03/record-keeping-for-the-school-counselor.pdf>
- Benedette, M., Uba, I., Eze, E. N., & Elom, C. (2022). Challenges Facing Effective Implementation Of Guidance And Counseling Services In Secondary Schools In Oyi Local Government Area Of Anambra State. *Webology*, 19(3), 191–201.
- Bernadetha, G. R. (2022). Availability and Challenges of Guidance and Counseling Services for Female Postgraduate Students at the University of Dar es Salaam. *African Journals Online (AJOL)*, 40(1), 96–109.

- Bess, J.L., & Dee, J.R. (2007). *Understanding College and University Organization: Theories for Effective Policy and Practice: Volume II — Dynamics of the System* (1st ed.). Routledge. <https://doi.org/10.4324/9781003448457>
- Bhardwaj, J. S. (2018). *Guidance and Counselling*. Retrieved December 11, 2022, from file:///C:/Users/aduam/OneDrive/Desktop/counselling techniches/Dept-Education-1705-MEd-IV-SEM-Testing-Devices.pdf
- Bhattacharjee, M. (2021). What is Counselling ? Definition , Types & Process. *Edumilestones*. Retrieved October 11, 2022, from <https://www.edumilestones.com/blog/details/what-is-counselling-definition-types-process>
- Biasi, V., Patrizi, N., Mosca, M., & De Vincenzo, C. (2017). The effectiveness of university counselling for improving academic outcomes and well-being. *British Journal of Guidance & Counselling*, 45(3), 248-257.
- Bobga, T. J. (2016). An Appraisal of Effective Provision of Guidance and Counseling Services in Cameroon State Universities ; Trends and Challenges. *International Journal of Humanities Social Sciences and Education (IJHSSE)*, 3(9), 75–90.
- Boitt, M. L. J. (2016). Evaluation of the challenges in the implementation of the guidance and counselling programme in Baringo County Secondary Schools, Kenya. *Journal of Education and Practice*, 7(30), 27–34. <http://search.ebscohost.com/login.aspx?direct=true&db=eric&AN=EJ1118929&site=ehost-live>
- Bozkurt, İ. (2013). The new trend in psychological support practices: Online therapies. In *Journal of Human Sciences* (Vol. 10, Issue 2, pp. 130–146). <https://www.j-humansciences.com/ojs/index.php/IJHS/article/view/2628>
- British Association for Counselling and Psychotherapy. (2019). *Definition of Counselling*. Retrieved December 08, 2021, from <https://counsellingtutor.com/counselling-definition/>
- Brooklyn, A. (2023). *Beautiful photos of the UEW student who has committed suicide make netizens cry*. GhPageNews. Retrieved October 11, 2023, from <https://www.ghpage.com/beautiful-photos-of-the-uew-student-who-has-committed-suicide-make-netizens-cry/294467/>
- Campbell, S. M., & Nutt, C. N. (2008). Academic Advising in the New Global Century: Supporting Student Engagement and Learning Outcomes Achievement. *Peer Review*, 2001,4–7. <http://ezproxy.lib.uh.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&>

db=ehh&AN=32123844&site=ehost-live

- CEDEFOP European Centre for the Development of Vocational Training. (2009). Professionalising career guidance Practitioner competences and qualification routes in Europe. *Panorama Series; 164, Luxembourg: Office for Official Publications of the European Communities.*
- Chiara, Zucchella, Angela Federico, Alice Martini, Michele Tinazzi, Michelangelo Bartolo, S. T. (2018). *Neuropsychological testing*. Retrieved October 11, 2022, from <https://pubmed.ncbi.nlm.nih.gov/29472384/>
- Chireshe, R. (2011). School Counsellors' and Students' Perceptions of the Benefits of School Guidance and Counselling Services in Zimbabwean Secondary Schools. *Journal of Social Sciences, 29(2)*, 101–108. <https://doi.org/10.1080/09718923.2011.11892960>
- Cohen, L., Manion, L., & Morrison., K. (2012). Research methods in education. *Professional Development in Education, 38(3)*, 507–509. <https://doi.org/10.1080/19415257.2011.643130>
- Corey, G. (2018). *The art of integrative counseling*. Retrieved December 11, 2023, from <https://www.wiley.com/en-us/The+Art+of+Integrative+Counseling%2C+4th+Edition-p-9781119535294>
- Courtney E. Ackerman, M. (2022). What is rational emotive behavior therapy (REBT)? *Therapy Exercises*, 1–25. Retrieved December 11, 2023, from <https://positivepsychology.com/rational-emotive-behavior-therapy-rebt/>
- Crespi, T. D. (2009). Group counseling in the schools: Legal, ethical, and treatment issues in practice. *Psychology in the Schools, 46(3)*, 273-280. <https://doi.org/10.1002/pits.20373>.
- Creswell, J. W. (2012). *Educational Research Planning, Conducting, and Evaluating Quantitative and Qualitative Research FOURTH EDITION*. Retrieved June 11, 2021, from <https://www.ptonline.com/articles/how-to-get-better-mfi-results>
- Cronin, S., Levene, A. C., Pajari, A., Evans, C., & Ulrich, M. (2021). Counseling is great but not for me: student perspectives of college counseling. *College Student Affairs Journal, 39(2)*, 225–239.
- [Daghfous, A.](#), [Belkhodja, O.](#) and [C. Angell, L.](#) (2013), "Understanding and managing knowledge loss", *Journal of Knowledge Management*, Vol. 17 No. 5, pp. 639-660. <https://doi.org/10.1108/JKM-12-2012-0394>
- Daniel, L. M., Kanduza, E., Sampa, P., Sichali, C., & Hamweete, W. (2020). Guidance and Counselling Internship Experiences of ODL Students in Zambia. *International Open &*

- Dankyi, L. A. (2019). *Counselling Needs of Distance Education Students of University of Cape Coast, Ghana: A Model For Effective Counselling Service Delivery*. Retrieved October 11, 2023, from <https://ir.ucc.edu.gh/xmlui/handle/123456789/5253>
- Dankyi, L. A., Boham, E. A., Dankyi, J. K., Senyamator, F., & Awabil, G. (2022). Assessment of the Counselling Needs of Distance Education Students in a Ghanaian Public University. *Open Journal of Social Sciences*, 10(05), 329–344. <https://doi.org/10.4236/jss.2022.105021>
- Davidson, J. R. (2020). Health Conditions. *Sink Into Sleep*. Retrieved December 11, 2022, from <https://doi.org/10.1891/9780826148162.0022>
- Dawson, L. A., Harpster, A. M., Hoffman, G., & Phelan, K. (2011). A new approach to distance counseling skill development: Applying a discrimination model of supervision.
- Defriyanto, B., Dermawan, O., & Nisak, K. (2022). The use of basic counseling skills in individual counseling sessions by counseling guidance students Defriyanto, Busmayaril, Oki Dermawan, Khairun Nisak. *Jurnal Bimbingan Dan Konseling*, 09(1), 113–118.
- Dhami, M. (2020). The importance of guidance and counselling in adolescents' life. *The Times of India*. Retrieved October 11, 2023, from <https://timesofindia.indiatimes.com/readersblog/manisha-dhami/the-importance-of-guidance-and-counselling-in-adolescents-life-28624/>
- Dinçyürek, S., & Uygurer, G. (2012). Conduct of Psychological Counseling and Guidance Services Over the Internet : Converging Communications. *The Turkish Online Journal of Educational Technology*, 11(3), 77–81.
- Ditzell, J. (2021). *Types of Psychological Testing*. Retrieved October 11, 2023, from <https://psychcentral.com/lib/types-of-psychological-testing>
- Doshi, P. V., Robak, R. W., Grffin, P. W., & Ward, A. W. (2019). Confidentiality in Counselor Experiential Training Groups: An Exploratory Study. *Journal of Counseling Research and Practice*, 5(1), 29–48. <https://doi.org/10.56702/zlea7945>
- Dr.P.Karthikeyan. (2015). Need of basic education. *Shanlax International Journal of Education*, 4(1), 1–10.
- Egbo, A. C. (2015). The challenges of guidance and counselling practices as perceived by secondary school counsellors in Enugu State Nigeria. *International Journal of Education and Research*, 3(5), 375–384. [www.ijern.com](http://www.ijern.com)
- eGyankosh. (2018). *Unit 8 Techniques of Counselling*. 61–92. Retrieved April 11, 2023, from <http://www.egyankosh.ac.in/bitstream/123456789/46268/1/Unit-8.pdf>

- Essuman, J. K. (2015). The History of Guidance and Counselling in Ghana . *Tracing Our Roots; the History of Guidance and Counselling in Ghana Paper Presented at the 1st National Conference of Guidance and Counselling in Ghana, Organised by Counselling Centre March 10th-12th, 2015 University of Cape Coast.*  
<https://doi.org/10.4314/IFEP.V7I2.23555>
- Essuman, J. K. (1999). The History of Guidance and Counselling in Ghana. *IFE Psychologia*, 7(2). <https://doi.org/10.4314/ifep.v7i2.23555>
- Estabrook, K., Roberts, L. W., & Gabbard, G. O. (2010). Ethics commentary. *Journal of Lifelong Learning in Psychiatry*, VIII(1), 44-47.  
<https://doi.org/10.1176/foc.8.1.foc44>.
- European Association of Counselling. (2013). *Definition of Counselling Definition of Counselling Cambridge Dictionary The Concise Oxford Dictionary ( 9th Edition ) How the EAC defines Counselling.* Retrieved October 20, 2023, from <http://eac.eu.com/standards-ethics/definition-counselling>.
- Eyo, M., Joshua, A., & Esuong, A. (2010). Attitude of secondary school students towards guidance and counselling services in Cross River State. *Edo Journal of Counselling*, 3(1), 87–99. <https://doi.org/10.4314/ejc.v3i1.52684>
- Fia, S. D. (2018). An Evaluation of the Guidance Services Offered by Counselling Centre of University of Cape Coast : Implications for Counselling. *Journal of Education and Practice*, 9(5), 49–54.
- FiKankam, P. K., & Adinkrah, B. K. (2023). College of education students ’ attitude towards the use of online information dissemination tools for counseling in Ghana. *Heliyon*, 9(8), 1–19. <https://doi.org/10.1016/j.heliyon.2023.e18833>
- Fink, A. (2019). *Conducting research literature reviews. Sage Publications.*
- Fura, D. L. (2018). Major Challenges and Alternatives in the Provision of Guidance and Counseling Services in Universities : A Comprehensive Literature Reviewed. *Research on Humanities and Social Sciences*, 8(January 2018).
- Getachew, A. (2019). *Assessment of Psychological Counseling Service for Higher Education Institution Students. November.* <https://doi.org/10.7575/aiac.ijels.v.7n.4p.53>
- Getachew, A. (2020). Assessment of Guidance and Counselling Service Centre in Higher Education Institutions : A Qualitative Research. *International Journal of School and Cognitive Psychology*, 1–6. <https://doi.org/10.35248/2469-9837.19.6.223>
- Getachew, A., Daniel, G., & Abayneh, S. (2019). The Role of Counseling Service Center and Its Implementation in Madda Walabu University : Qualitative Research. *International*

- Journal of Education*, 11(January). <https://doi.org/10.5296/ije.v11i1.XXX>
- Gombe, S. Y., & Umar, I. A. (2021). Analysis of Guidance and Counselling Towards Graduate Employability: A Case Study of Federal College of Education (Tech.), Gombe. *IOSR Journal of Vocational Education*, 9(1), 17–22.
- Gordon, W., Guez, W., & Allen, J. (2000). *Regional Training Seminar on Guidance and Counselling*, Module 8: guidance and counselling programme development; Botswana. Retrieved October 11, 2023, from <https://unesdoc.unesco.org/ark:/48223/pf0000130432>
- Hako, A. (2016). Stakeholders' Perspectives on School Counselling Programme in Namibia. *European Journal of Educational Sciences*, 03(02), 34–80. <https://doi.org/10.19044/ejes.v3no2a3>
- Halis Saklz, & Sarlıçall, M. (2019). Paradigmatic Challenges in School Counselling: Correlates and Reflections on Practice. *Journal of Psychologists and Counsellors in Schools*, 29(1), 69–81. <https://doi.org/10.1017/jgc.2018.23>
- Harper, H. (2023). *The 23 Best Personality Tests In Ranking Order (2023 Update)*. Retrieved December 11, 2023, from file:///C:/Users/aduam/OneDrive/Desktop/personality testing 2.pdf
- Harrison, G., & Gordon, E. (2021). Counsellors' experiences of providing counselling to students in university- level institutions in Ireland: An evolving phenomenon. *Wiley Online Library*, 21(4), 805–815. <https://onlinelibrary.wiley.com/doi/epdf/10.1002/capr.12441>
- Hayes, B. (2022). What Is Cognitive Theory? Examples and Definition. Retrieved December 11, 2021, from <https://Study.Com/Learn/Lesson/Cognitive-Theory>.
- He, S., Zhang, S., Zhang, X., Guo, Z., Liu, C., & Chen, L. (2018). Role of Counsellors in the Cultivation of Innovative Talents from Students' Perspective. *Educational Sciences: Theory & Practice*, 18, 3713–3723. <https://doi.org/10.12738/estp.2018.6.283>
- Health, A. (2018). *An Insight into Face-To-Face Counselling for Staff*. Retrieved October 11, 2023, from <https://www.healthassured.org/blog/insight-face-face-counselling-staff/>
- Henker, F. O. (1982). Feeling Good: The New Mood Therapy. *Psychosomatics*, 23(6), 676–677. [https://doi.org/10.1016/s0033-3182\(82\)73375-4](https://doi.org/10.1016/s0033-3182(82)73375-4)
- Heragu, S. S. (2018). *Facilities design*. Crc Press. Hobbs, C., Armitage, J., & Hood, B. (2022). A systematic review of the effect of university positive psychology courses on student psychological wellbeing. *Frontiers in Psychology*, November. <https://doi.org/10.3389/fpsyg.2022.1023140>
- Hordofa, G. L. (2018). Status of guidance and counseling services in Ethiopian higher

- education institutions: A case of Dire Dawa University. *International Journal of Social Relevance & Concern*, 6(12), 1–8.
- Hussain, S. (2022). Fundamentals of psychological testing. *Guidance and Counselling*, January, 173–179. Retrieved November 23, 2023, from [https://www.researchgate.net/publication/357927090\\_Fundamentals\\_of\\_Psychological\\_Testing](https://www.researchgate.net/publication/357927090_Fundamentals_of_Psychological_Testing)
- Ibrahim, A. P. (2021). Restructuring Quality Teaching and Learning in Guidance and Counselling for Sustainable Development in Nigeria. *Al-Hikmah Journal of Educational Management and Counselling*, 3(1).
- Isaac, D. D. (2023). *GES Announces ‘ Approved ’ Subjects for ‘ Study Leave with Pay ’ for Teachers in 2023*. file:///C:/Users/HP/Desktop/Review/GES announces ‘approved’ subjects for ‘Study Leave with Pay’ for teachers in 2023.pdf
- Iyejar, O. (2022). *9 Goals of Counseling (Aims, Goals, and Objectives of Guidance and Counseling)*. Retrieved November 23, 2023, from <https://theselfdiscoveryblog.com/9-goals-of-counseling-aims-goals-and-objectives-of-guidance-and-counseling/>
- Iyejare, O. (2022). *15 Importance of Guidance and Counselling in Education*. Retrieved October 11, 2023, from <https://counselingafrica.org/15-importance-of-guidance-and-counselling-in-education/>
- Jayne, M. N. (2008). *Students’ Perception and Attitude Towards Guidance and Counselling Services in Teacher Training Colleges, A Case Study of Shanzu Teachers Training College*. Retrieved June 11, 2022, from [https://www.researchgate.net/publication/311971190\\_Students'\\_Perception\\_and\\_Attitude\\_Towards\\_the\\_Role\\_of\\_Guidance\\_and\\_Counselling\\_Services\\_in\\_Teachers\\_Colleges\\_in\\_Kenya](https://www.researchgate.net/publication/311971190_Students'_Perception_and_Attitude_Towards_the_Role_of_Guidance_and_Counselling_Services_in_Teachers_Colleges_in_Kenya)
- John, P. (2015). *Meaning and Definition of Guidance*. Retrieved November 23, 2023, from <https://johnparankimalil.wordpress.com/2015/01/16/meaning-and-definition-of-guidance/>
- Joseph, A., & Boahen Edward, O. (2020). Hybrid Learners’ perception towards the role of guidance and counselling services in colleges of education in Ghana: A case study. *Hybrid Journal of Psychology*, 1(1), 7. <https://ir-library.ku.ac.ke/handle/123456789/19281>
- Kamunyu, R. N. (2016). Reasons Why University Students Do Not Seek Counselling Services in Kenya. *Journal of Education and Practice*, 7(15), 142–145.
- Karan, R. (2023). *What is the Difference Between Guidance and Counselling*. Retrieved

December 11, 2023, from <https://www.shiksha.com/online-courses/articles/difference-between-guidance-and-counseling/#:~:text=Guidance%20is%20usually%20the%20general,people's%20persona%20or%20psychological%20problems.>

Kathuri, N. J., Magero, R. A., and Wamalwa, B. (2018). An Assessment of the Challenges Facing Implementation of Guidance and Counselling Programme in Public Secondary Schools: A Case of Lugari Subcounty, Kakamega County, Kenya. *Journal of Education and Practice*, 9(10), 653–661. <https://doi.org/10.7176/jep/11-32-16>

Kauchak, D. P., & Eggen, P. D. (2011). *Introduction to teaching : becoming a professional / Don Kauchak, Paul Eggen.* 1–17.

Kesson, A. B. (2013). *Students Perception and Utilization of Counseling in Ghana: a Case Study of the Accra Metropolis.* Retrieved October 11, 2023, from <https://www.scribd.com/document/435451888/Andra-Blessed-Kesson-Students-Perception-and-Utilization-of-Counseling-in-Ghana-a-Case-Study-of-the-Accra-Metropolis-2013>

Khan, A. (2019). *Tests Techniques for Guidance – Aptitude , Interest & Personality.* Retrieved October 11, 2023, from <https://www.toppr.com/bytes/tests-techniques-for-guidance/>

Khan, A. (2019). *Tests Techniques for Guidance – Aptitude , Interest & Personality.*

Khansa, R. (2015). Teachers' Perceptions toward School Counselors in Selected Private Schools in Lebanon. *Procedia - Social and Behavioral Sciences*, 185, 381–387. <https://doi.org/10.1016/j.sbspro.2015.03.411>

Kokro, F. K., Ahmoah, J. D., & Agyeman, E. P. (2022). Evaluation of the Guidance and Counseling Services in Tamale Technical University, Tamale in the Northern Region, Ghana. *Quest Journals Journal of Research in Humanities and Social Science*, 10(4), 39–44. <https://www.questjournals.org/jrhss/papers/vol10-issue4/Ser-4/G10043944.pdf>

Kumar, J. (2020). *Counselling : Meaning , Techniques , Types and Problems.* Retrieved February 11, 2024, from <https://www.yourarticlelibrary.com/hrm/organisation/counselling-meaning-techniques-types-and-problems/60331>

Kuseh, J. (2013). *Minimum Qualification to Lecture in Ghana.* CediTalk. Retrieved November 23, 2022, from <https://www.ceditalk.com/2013/03/minimum-qualification-to-lecture-in-ghana/>

Kwame Nkrumah University of Science and, Technology (KNUST) (2022). *KNUST : 12*

- injured, properties vandalized as Katanga and Conti clash*. Retrieved December 11, 2023, from file:///C:/Users/aduam/OneDrive/Desktop/KNUST 2.pdf
- Kwame Nkrumah University of Science and Technology. (2010). *Our Vision & Mission*. Retrieved December 11, 2023, from <https://treck.knust.edu.gh/about/our-vision>
- Kwame Nkrumah University of Science and Technology. (2019). *Ashanti Regional Security Council declares KNUST a security zone*. Retrieved December 11, 2023, from file:///C:/Users/aduam/OneDrive/Desktop/KNUST Police.pdf
- Lai-Yeung, S. W. C. (2014). The Need for Guidance and Counselling Training for Teachers. *Procedia - Social and Behavioral Sciences*, 113, 36–43. <https://doi.org/10.1016/j.sbspro.2014.01.008>
- Lambie, G. W., Ieva, K. P., Mullen, P. R., & Hayes, B. G. (2011). Ego development, ethical decision-making, and legal and ethical knowledge in counselors. *Journal of Adult Development*, 18, 50-59. <https://doi.org/10.1007/s10804-010->
- Lasode, A. O., Lawal, O. O., & Ofodile, M. C. (2017). Students' need for, awareness, perception and use of guidance and counselling services in federal university of agriculture, Abeokuta, Nigeria. *Problems of Education in the 21st Century*, 75(2), 170–181. <https://doi.org/10.33225/pec/17.75.170>
- Lasode, A. O., Lawal, O. O., & Ofodile, M. C. (2021). The Perception , Awareness and use of Guidance and Counselling Services by Undergraduates of the Federal University of Agriculture Abeokuta , Nigeria. *Journal of Humanities Social Science and Creative Arts, December*. <https://doi.org/10.51406/jhssca.v15i1.2126>
- Lemesa, D. (2018). Major challenges and alternatives in the provision of guidance and counseling services in Universities: A comprehensive literature reviewed. *Research on Humanities and Social Sciences*, 8(7), 12–18. [www.iiste.org](http://www.iiste.org)
- Levy, P. S., & Lemeshow, S. (2013). Sampling of populations: methods and applications. In *John Wiley & Sons*. <https://doi.org/10.1108/qmr.2010.21613daa.003>
- Lin, M. Y., Catalano, P., & Dennerlein, J. T. (2016). A psychophysical protocol to develop ergonomic recommendations for sitting and standing workstations. *Human factors*, 58(4), 574-585.
- Lisa, D. P. (2020). *Attitudes towards online and face-to-face counselling among university students in Newfoundland*. Retrieved October 11, 2021, from <https://research.library.mun.ca/14396/>
- Livana, H. P., Hidayah, N., Wiyono, B. B., & Ramli, M. (2022). The Need for Guidance and Counseling Services at Higher Education Institutions in Indonesia. *International Journal*

- of Health Sciences*, 6(March), 291–309.
- Lunenburg, F. C. (2010). School Guidance and Counseling Services. *Social Work Education*, 1(1), 1–9.
- Lustgarten, S. D., & Colbow, A. J. (2017). Ethical concerns for telemental health therapy amidst governmental surveillance. *American Psychologist*, 72(2), 159-170. <https://dx.doi.org/10.1037/a0040321>.
- Lydia, N. R., & Jack, N. N. (2021). An assessment of adequacy of guidance and counseling programme in secondary schools in the Republic of South Sudan. *International Journal of Psychology and Counselling*, 13(3), 63–74. <https://doi.org/10.5897/ijpc2021.0649>
- Macharia, J. M. (1991). *University Students' Problems, Awareness and Preferences of Counselling Resources and Attitudes Towards Seeking Help: A Case Study of Kenyatta University*. Retrieved October 11, 2023, from <https://ir-library.ku.ac.ke/handle/123456789/4986>
- Mashiapata, M. (2018). University Counsellor at the Centre of Things: A Slippery Road. *11th Annual International Conference of and Innovation*, 10275–10281. <https://doi.org/10.21125/iceri.2018.0936>
- Metadata, M. (2018). *Influence of Perception of University Students on Utilization of Peer Counselling Services in Selected Universities in Kenya*. Retrieved February 11, 2024, from
- Mishra, S. (2005). Roles and competencies of academic counsellors in distance education. *The Journal of Open, Distance and e-Learning*, 20(2), 147–159. <https://doi.org/10.1080/02680510500094165>
- Masoumeh, A., Boujarian, N., & Ninggal, M. T. (2012). *The Challenges of High School Counselors in Work Place*. *Procedia - Social and Behavioral Sciences*, 46, 4786–4792. <https://doi.org/10.1016/j.sbspro.2012.06.335>
- McLeod, B. S., & August, U. (2022). *Behaviorist Approach Assumptions of the Behavioral Perspective*. Retrieved October 11, 2023, from <https://www.mytutor.co.uk/answers/10111/A-Level/Psychology/Outline-two-assumptions-of-the-behaviourist-approach/>
- Millacci, T. S. (2023). *17 Emotional Intelligence Tests and Assessments (+Free Quizzes)*. Retrieved October 11, 2023, from <https://positivepsychology.com/emotional-intelligence-tests/>
- Milousi, K., Platsidou, M., & Samara, E. (2008). *Evaluation of Psychological Counseling Services in Higher Education: The Case of the Center for Counseling and Supporting*

- Students of the University of Macedonia. 2007 FEDORA- PSYCHE Conferenc: Crossing Internal and Extenal Borders. Practices for an Effective Psychological Counselling in the European Higher Education (Pp. 69-80). Retrieved October 11, 2023, from [https://www.researchgate.net/publication/27379460\\_Evaluation\\_of\\_the\\_Center\\_for\\_Counseling\\_and\\_Supporting\\_Students\\_services\\_of\\_the\\_University\\_of\\_Macedonia](https://www.researchgate.net/publication/27379460_Evaluation_of_the_Center_for_Counseling_and_Supporting_Students_services_of_the_University_of_Macedonia)*
- Ministry of Education Republic of Ghana. (2007). *Ghana Education Reform*. Retrieved Much 05, 2022, from file:///C:/Users/aduam/OneDrive/Desktop/Ghana Education Reform 2007.pdf
- Ministry of Education Republic of Ghana. (2018). *National-Pre-tertiary-Education-Curriculum-Framework*. Retrieved April 19, 2023, from file:///C:/Users/aduam/OneDrive/Desktop/National-Pre-tertiary-Education-Curriculum-Framework.pdf
- Missanjo, E., Gwiracheyo, J., Mugundharajan, E., Jeka, E., Moyo, M., & Msiska, E. (2022). Perception of University and College Students Towards Guidance and Counselling Services. *Journal of Global Research in Education and Social Science*.
- Mohd Zarawi Mat Nor. (2020). Counselling: What and How. *Counseling and Therapy*, vi, 1–12. Retrieved May 11, 2022, from <https://www.intechopen.com/chapters/69855>
- Morrow, M. (2021). *Is Online Learning as Good as Face-to-Face Learning? | Top Universities*. Klear Minds Counselling- Coaching-Pyychotherapy. Retrieved June 15, 2023, from <https://www.topuniversities.com/student-info/distance-learning/online-learning-good-face-face-learning>
- Muluvhu, K. (2018). The impact of guidance and counselling on learning outcomes: A comparative of two high schools in Vhembe District. In *Photosynthetica* (Vol. 2, Issue 1). Retrieved May 11, 2022, from <https://univendspace.univen.ac.za/bitstream/handle/11602/1253/Dissertation%20-%20Muluvhu%2C%20k.-.pdf?sequence=1&isAllowed=y>
- Muktar, A., & Kyauta, A. (2017). The Role of Guidance and Counseling Service on Academic Performance among Students of Umar Suleiman College of Education, Gashua, Yobe State, Nigeria. *KIU Journal of Social Humanities*, 2(2B), 59–66.
- Murdock, H. (2016). Operational auditing: Principles and techniques for a Changing World. 1–337. <https://doi.org/10.1201/9781315368733>
- Mwangi, J., & Otanga, H. (2015). Students ' Perception and Attitude Towards the Role of Guidance and Counselling Services in Teachers Colleges in Kanya. *International Journal of Contemporary Applied Sciences*, 2(8), 1–21.

- Ndimele, S. C., & Eremie, D. M. (2019). Psychological Testing in Schools with Counselling Implications. *International Academy Journal of Educational Technology and Research*, 7(2), 1–11.
- Niemand, J. R., Brand, H. J., & Cilliers, C. D. (2006). The impact and cost effectiveness of student counselling in the context of higher education: A literature review. *South Africa Journal of Higher Education*, 20(2), 261–272.
- Nkala, P. P. (2014). An Assessment of the Guidance and Counselling Programme in Secondary Schools at Mzilikazi District in Bulawayo Metropolitan Province. *IOSR Journal of Humanities and Social Science*, 19(1), 81–90. <https://doi.org/10.9790/0837-19138190>
- Nkechi, E. E., Ewomaoghene, E. E., & Egenti, N. (2016). The Role of Guidance and Counselling in Effective Teaching and Learning in Schools The Role of Guidance and Counselling in Effective Teaching and Learning in Schools RAY: International Journal of Multidisciplinary Studies. *International Journal of Multidisciplinary Studies*, 1(2), 36–48.
- Nyaga, V. K., Oundo, M. B., & Kamoyo, J. M. (2014). Effectiveness of Guidance and Counselling Services on Development of Students Academic Competence. A Comparative Study of Public and Private Universities in Kenya. *International Journal of Education and Research*, 2(4), 21–28.
- Nyarko-sampson, E. (2013). Tutors' participation in guidance and counselling programmes in Colleges of Education in northern Ghana. *Ife Psychologia: An International Journal*, 21(2), 141–149.
- Nyarko – Sampson, E. (2011). Teacher trainees' appraisal of guidance and counselling programmes in colleges of education in Ghana: A study of selected colleges in the Eastern and greater Accra zones. *Nigerian Journal of Guidance and Counselling*, 15(1). <https://doi.org/10.4314/njgc.v15i1.64656>
- Ocansey, S. K. (2018). *Student Experiences of Academic Counselling Services in Public Universities in Ghana*. Retrieved May 11, 2022, from [https://repository.up.ac.za/bitstream/handle/2263/67850/Ocansey\\_Student\\_2018.pdf?sequence=1](https://repository.up.ac.za/bitstream/handle/2263/67850/Ocansey_Student_2018.pdf?sequence=1)
- Ofori, E. A. A. (2013). *An assessment of guidance programmes in the National Vocational Training Institute in Central Region, Ghana*. University of Cape Coast. Retrieved May 11, 2022, from <https://ir.ucc.edu.gh/xmlui/bitstream/handle/123456789/2696/AKYINBA%202013.pdf?>

sequence=1&isAllowed=y

- Ogbodo-Adoga, R. (2020). Psychological Tests in Counselling. *Prestige Journal of Counselling Psychology*, 3(1), 247–258.
- Ojeme, A. (2019). Commentary: The Challenges and Future Directions of School Based Counselling in Nigeria. *Journal of School-Based Counseling Policy and Evaluation*, 1(2), 27–33.
- Okyere, C. O., Awabil, G., & Nyarko-Sampson, E. (2015). Assessment of the Counselling Needs of Students in a Ghanaian Public University. *Ghana Journal of Education: Issues and Practices (GJE)*, 1(1), 29–43. file:///C:/Users/HP/Desktop/REVIEW/Assessment of the Counselling Needs of.pdf
- Oliver, R. (2021). Importance of Guidance & Counselling in a Student's Life. *Angewandte Chemie International Edition*, 6(11), 951–952., 2013–2015.
- Olowe, M. O., & Olowe, N. E. (2023). The Influence of Guidance Counselling on Business Education Programmes in Nigeria ' s Tertiary Institution. *International Journal of Academic Research in Business, Arts and Science*, August, 0–10. <https://doi.org/10.5281/zenodo.8266970>
- Oluremi, F. D. (2014). Functional Guidance and Counselling Centre in Tertiary Institution. *The Journal of International Social Research*, 7(31), 696–705.
- Oluwatosin, S. A. (2016). Stakeholders ' Perception of School Guidance and Counselling Services Effectiveness in Ekiti State Southwestern , Nigeria. 3(4), 72–75.
- Otieno, J. O., & Catherine, K. S. (2020). Enhancing Guidance and Counselling Services for Mitigating Psychosocial Distress among University Students in Tanzania. *East African Journal of Education and Social Sciences*, 1(3), 177–183.
- Palmer, S. (Ed. ). (2000). Introduction to counselling and psychotherapy: the essential guide. Sage.
- Plant, P. (2012). *Quality assurance and evidence in career guidance in Europe: Counting what is measured or measuring what counts?* *International Journal for Educational and Vocational Guidance*, 12(2), 91–104. <https://doi.org/10.1007/s10775-011-9195-2>
- Prasad, C., & Gupta, P. (2020). Educational Impact on the Society. *International Journal of Novel Research in Education and Learning*, 7(6), 1–7.
- Putra, A. H., & Fauziah, F. (2022). Guidance and counseling in universities to support merdeka campus program. *KONSELI : Jurnal Bimbingan Dan Konseling (E-Journal)*, 9(2), 141–148. <https://doi.org/10.24042/kons.v9i2.14036>
- Rwechoka, M. J. (2014). *Principles of guidance and counselling*. academia.edu. Retrieved

- July 23, 2022, from  
[https://Www.Academia.Edu/9967354/Principles\\_of\\_Guidance\\_and\\_Counseling](https://Www.Academia.Edu/9967354/Principles_of_Guidance_and_Counseling)
- Sahito, Sz., & Vaisanen, P. (2017). *Effect of Time Management on the Job Satisfaction and Motivation of Teacher Educators: A Narrative Analysis. International Journal of Higher Education*, 6(2), 213. <https://doi.org/10.5430/ijhe.v6n2p213>
- Sahu, C. (2020). *The Importance of Guidance & Counselling in a Student's Life*. Retrieved October 11, 2023, from <https://www.linkedin.com/pulse/importance-guidance-counselling-students-life-chaitali-sahu/>
- Salawu, P. A. A. (2008). *The Importance of Guidance and Counselling Unit in Tertiary Institutions. Sokoto Educational Review*, 10(1), 193–199.
- Saminu, S., & Isa, A. (2022). *Exploring personal-social guidance and counselling as a tool for managing risk behaviour among school students in Nigeria. International Journal of Multidisciplinary Research and Development*, 9(8), 4–8.
- Sanders, R., & Lehmann, J. (2019). An exploratory study of clients' experiences and preferences for counselling room space and design. *Counselling and Psychotherapy Research*, 19(1), 57-65.
- Sedofia, J. (2014). *Informing the Less Informed: The Information Service of the School Guidance Programme. International Journal for Innovation Education and Research*, 2(4), 57–61. <https://doi.org/10.31686/ijer.vol2.iss4.169>
- Sedofia, J. (2011). *An evaluation of guidance and counselling programme in the Colleges of Education in the Volta Region of Ghana*. Retrieved May 11, 2022, from [https://scholar.google.com/citations?view\\_op=view\\_citation&hl=en&user=75PGoqEAAA&citation\\_for\\_view=75PGoqEAAA:MXK\\_kJrjxJIC](https://scholar.google.com/citations?view_op=view_citation&hl=en&user=75PGoqEAAA&citation_for_view=75PGoqEAAA:MXK_kJrjxJIC)
- Sedofia, J. (2021). Improving Guidance and Counselling in Colleges of Education: Perspectives of Teacher Trainees. *Journal of Education and Practice*, December. <https://doi.org/10.7176/JEP/12-33-07>
- Sekaran, U., & Bougie, R. (2019). Research Methods for Business: A Skill Building Approach. In *John Wiley & Sons* (Vol. 06, Issue 12). <https://doi.org/10.4236/oalib.1105900>
- Shaheen, S., Iqbal, M., Khalil, M. N. U., & Shaheen. (2023). Impact Of Guidance And Counseling Services On Students' Development At The University Level. *Journal of Positive School Psychology*, 7(2), 812–827.
- Shahim, M. R. A., L.S., S., Zainudin, Z. N., & Shah, K. M. (2021). Online Counselling Services- University Students ' Perception. *Turkish Journal of Computer and*

*Mathematics Education, 12.*

- Sima, R. G. (2018). The challenges in the provision of counseling services in secondary schools in Tanzania. *University of Dar Es Salaam Library Journal, 29*, 113–133.  
<https://journals.udsm.ac.tz/index.php/ped/article/view/1451/1354>
- Sinclair, E. (2019). *Transforming student counselling services for a future Stellenbosch University*. Retrieved May 11, 2022, from <https://core.ac.uk/download/483913715.pdf>
- Sokol, J. T. (2009). Counseling Psychology Within the University : A Study of Roles and Functions Study of Roles and Functions. *Graduate Journal of Counseling Psychology, 1*(2).
- Sood, N. (2016). *Guidance and Counselling in Education* . Retrieved October 11, 2023, from [https://tripurauniv.ac.in/Content/pdf/StudyMaterialsDetail/MA%20Education%202nd%20Semester/EDCN-805E-Guidance%20\\_%20Counselling%20in%20Education.pdf](https://tripurauniv.ac.in/Content/pdf/StudyMaterialsDetail/MA%20Education%202nd%20Semester/EDCN-805E-Guidance%20_%20Counselling%20in%20Education.pdf)
- Suhag, A. K., Pirzada, A. M., Butt, H. M., Butt, A. A., Zeb, F., & Raza, F. (2017). A guideline for Establishing a New Guidance and Counseling Center in School. *Journal of Scientific Achievements, Volume 2*(Issue 8), 1–5. <https://doi.org/10.4281/zenodo.345735>
- Sultana, R. G., & Watts, T. (2004). *Career Guidance: a handbook for policy makers*. Retrieved May 18, 2023, from [https://www.researchgate.net/publication/353902490\\_Career\\_Guidance\\_a\\_Handbook\\_for\\_Policy\\_Makers](https://www.researchgate.net/publication/353902490_Career_Guidance_a_Handbook_for_Policy_Makers)
- Susandra, E., Hidayah, N., & Rahman, D. H. (2020). Analysis of the Qualification of Counselor Educators Based on the Counselor Professional Education Program. *Proceedings of the 6th International Conference on Education and Technology (ICET 2020), 501*(Icet), 145–150. Retrieved June 11, 2022, from <https://doi.org/10.2991/assehr.k.201204.025>
- Susman, D. (2022). *What is IQ test*. Retrieved May 18, 2023, from <https://www.verywellmind.com/how-are-scores-on-iq-tests-calculated-2795584>
- Tannous, A. (2017). *Perceptions towards Online Counseling among University of Jordan Students. 11*(12). Retrieved December 11, 2021, from <https://doi.org/10.5539/mas.v11n12p68>
- Taylor, A. I., & Buku, D. K. (2006). *Basics in guidance and counselling (2nd ed.)*. Retrieved May 18, 2023, from <https://www.sciepub.com/reference/154592>
- Thurajah, V., Ahmed, E. M., & Jeyakumar, R. (2017). Factors Determining the University Counselling Services Effectiveness. *Business and Economics Journal, 08*(04), 4–9.  
<https://doi.org/10.4172/2151-6219.1000321>

- Tsikati, A. F. (2018). *Factors Contributing to Effective Guidance and Counselling Services at University of Eswatini*. 8(3), 139–148. Retrieved May 18, 2023, from <https://www.unipub.eu/ojs/index.php/gjgc/article/view/3716>
- Tuchili, A. M., & Ndhlovu, D. (2017). Behaviour Modification through Guidance and Counselling among Students in Selected Public Universities in Zambia : Is it Possible ? *International Journal of Humanities Social Sciences and Education*. <https://doi.org/10.20431/2349-0381.0406011>
- Tuchili, A., & Ndhlovu, D. (2017). Shaping Behaviour among Students in Zambia ’ s Public Universities : Can Guidance and Counselling be Useful ? *International Journal of Humanities Social Sciences and Education, January*. <https://doi.org/10.20431/2349-0381.0401006>
- Tuchili, A., & Ndhlovu, D. (2018). Guidance and Counselling Services : Its Practicality in The Management of Disciplinary Cases Among Students in Selected Public Universities in Zambia. *The International Journal of Multi-Disciplinary Research, March*.
- University for Development Studies. (2020). *Mission and Vision*. Retrieved December 11, 2023, from <https://www.uds.edu.gh/about/mission-and-vision/>
- University of Cape Coast. (2018). *VISION, MISSION AND CORE VALUES*. Retrieved December 11, 2023, from <https://ucc.edu.gh/main/about/vision-mission-and-core-values>
- University of Education Winneba. (2016). *Mission , Vision and Values*. Retrieved December 11, 2023, from <https://www.uew.edu.gh/about-uew/mission-vision-and-values>
- University of Ghana. (2017). *Mission and Vision*. Retrieved December 11, 2023, from <https://new.ug.edu.gh/fpe/about-ug/mission-vision>
- University of Ghana. (2022). *Notice on clashes between students of Commonwealth and Mensah Sarbah Halls*. Retrieved December 11, 2023, from <https://www.ug.edu.gh/announcements/notice-clashes-between-students-commonwealth-and-mensah-sarbah-halls>
- Unwada, E. P., & Godfrey, E. (2020). Determinants of the Implementation of Guidance and Counselling Programme and the Quality of Students Educational Outcome in Upper Basic Education (UBE) of Cross River State, Nigeria. *European Journal of Scientific Researc*, 158(3), 168–176.
- Upoalkpajor, J.-L. N., Eggley, V. E., & Namale, M. K. (2018). Students’ Patronage of Guidance and Counselling Services in Senior High Schools in Ghana. *Journal of Education, Society and Behavioural Science*, 28(1), 1–9. <https://doi.org/10.9734/jesbs/2018/45093>

- Venter, N. (2022). Book review Creating conditions for student success : Social justice perspectives from a South African university South Africa : African Sun Media . *Journal of Student Affairs in Africa*, 10(1), 175–177.  
<https://doi.org/10.24085/jsaa.v10i1.4099>
- Vincent, C., Barnett, M., Killpack, L., Sehgal, A., & Swinden, P. (2017). Advancing telecommunication technology and its impact on psychotherapy in private practice. *British Journal of Psychotherapy*, 33(1), 63-76.
- Warui, J. W. (2018). *Status and Challenges of Guidance and Counselling Programme in Discipline Management in Public Secondary Schools in Kiambu County, Kenya* (Issue April) [Kenyatta University]. file:///D:/PHD Documents 2021/Thesis Chapters/Status and challenges of
- Watts, A. G., & Kidd, J. M. (2000). Guidance in the United Kingdom: Past, present and future. *British Journal of Guidance and Counselling*, 28(4), 485–502.  
<https://doi.org/10.1080/713652315>
- Wikipedia. (2018). *Achievement test* (pp. 2–4). Retrieved May 18, 2023, from [https://en.wikipedia.org/wiki/Achievement\\_test](https://en.wikipedia.org/wiki/Achievement_test)
- World Bank. (2016). *Why education matters for economic development*. Retrieved December 18, 2021, from <https://blogs.worldbank.org/education/why-education-matters-economic-development#main-content>
- Yelpaze, I., & Ceyhan, A. A. (2019). University Students ' Perceptions about Psychological Help Seeking : A Qualitative Study. *International Online Journal of Educational Sciences*, January. <https://doi.org/10.15345/iojes.2019.01.009>.