

Table of Contents

1. INTRODUCTION.....	1
1.1 Traditional Herbal Medicine: Global Relevance and Modern Applications ..	1
1.2 Challenges in Traditional Medicine	3
1.3 Indian systems of medicine.....	5
1.3.1 Folk Medicine	6
1.3.2 Ayurveda.....	6
1.3.3 Siddha.....	8
1.3.4 Unani system of medicine.....	8
1.4 Comparative Analysis of Ayurveda, Siddha, and Unani.....	11
1.5 Unani System of Medicine.....	12
1.5.1 Single and Compound Drugs in Unani Medicine	13
1.5.2 Single drugs in Unani medicine	13
1.5.3 Compound drugs (Formulations) in Unani medicine.....	14
1.5.4 Need of standardization of Unani medicine	15
1.6 Assessment of the Diversity and Traditional Knowledge of Unani Medicinal Plants in Northwest Gujarat.....	16
1.6.1 Batrisu Vasanu-a folk polyherbal formulation	17
1.7 Polyherbal Formulations.....	18
1.7.1 Advantages of polyherbal formulation over single herb	18
1.7.2 Limitations of polyherbal formulation	19
1.7.3 Synergistic Effect on Polyherbal Formulations	20
1.7.4 The need of standardization of Unani formulations.....	20
1.8 Challenges in standardization	21
1.8.1 Excellence requirement of medicinal plant materials by WHO	21
1.9 Selection and Authentication of Unani Polyherbal Formulations.....	22
1.9.1 Selected Formulations:	23

1.10	<i>In vitro</i> Pharmacological Evaluation of Five Unani Polyherbal Formulations	24
1.10.1	Antibacterial Activity	24
1.10.2	Antifungal Activity.....	25
1.10.3	Antioxidant Activity.....	25
1.11	Phytochemical Characterization of Selected Unani Polyherbal Formulations	26
1.12	Rationale and Scope of the Present Study	27
2.	OBJECTIVES OF THE PRESENT STUDY	28
3.	REVIEW OF LITERATURE	29
3.1	Ethnobotanical and Traditional Knowledge Studies in India with a Focus on the Unani System	29
3.2	Polyherbal Formulations: Therapeutic Importance and Applications	30
3.3	Antimicrobial Activity of Polyherbal Formulations	32
3.4	Antioxidant Activity of Polyherbal Formulations.....	34
3.5	Review of Recent Pharmacological Research on Unani Polyherbal Formulations.....	35
3.6	Review on selected Unani polyherbal formulations:	37
3.6.1	Majoon-E-Najah (MN) and Safoof-E-Najah (SN).....	37
3.6.2	Majoon-e-Najah Formulation: Ingredient Overview	41
3.6.3	Sufoof-e-Chobchini Formulation (SC).....	44
3.6.4	Safoof-e-Chobchini Formulation: Ingredient Overview	46
3.6.5	Formulation 1 (F1) and Formulation 2 (F2)	48
4.	MATERIALS AND METHODS	53
4.1	Diversity and traditional knowledge of Unani medicinal plants from Northwest Gujarat.....	53
4.2	Batrisu Vasanu: A Polyherbal Formulation from Central Gujarat.....	54
4.3	Selection of Unani Polyherbal Formulations	54

4.4	Collection and Authentication of Unani Medicinal Plant Drugs	57
4.5	Preparation of Five Selected Unani Polyherbal Formulations.....	57
4.5.1	General Preparation Procedure for Unani Formulations	58
4.5.2	Specific Methodological Variations for Each Formulation.....	59
4.6	Extraction.....	64
4.7	Determination of Extract Percentage Yield	66
4.8	Organoleptic Characteristics	66
4.9	Evaluation of Invitro Antibacterial and Antifungal Activity	66
4.9.1	Chemicals, Reagents, Solvents, and Standards.....	66
4.9.2	Microorganisms.....	66
4.9.3	Culture and Maintenance of Microorganisms.....	67
4.9.4	<i>In vitro</i> Antibacterial Activity by Agar Well Diffusion Assay.....	67
4.9.5	<i>In vitro</i> Antifungal Activity by Agar Well Diffusion Assay	68
4.10	<i>In vitro</i> Antioxidant Activity by DPPH Assay.....	69
4.10.1	Chemicals and Reagents for DPPH Assay	69
4.10.2	DPPH Assay Procedure	69
4.11	Total Phenolic Content (TPC) and Total Flavonoid Content (TFC).....	70
4.11.1	Chemicals and Reagents for TPC and TFC	70
4.11.2	Determination of Total Phenolic Contents (TPC).....	70
4.11.3	Determination of Total Flavonoid Contents (TFC).....	71
4.12	Pearson Correlation Analysis.....	71
4.13	Phytochemical Profiling of Selected Formulations through Thin-Layer Chromatography (TLC) and High-Performance Thin-Layer Chromatography (HPTLC).....	72
4.13.1	Sample Preparation for TLC and HPTLC	72
4.13.2	TLC Pre-screening and Solvent System Optimization.....	72
4.13.3	HPTLC Analysis	73
4.13.4	Rf Value Analysis and Schematic Representation.....	73

4.13.5	Densitogram Analysis	74
4.14	HR-LCMS-QTOF Analysis of Unani Polyherbal Formulations	74
4.14.1	Sample Preparation.....	74
4.14.2	Chromatographic and Mass Spectrometric Conditions	75
4.14.3	Chromatographic Conditions	75
4.14.4	Mass Spectrometry Settings.....	76
4.14.5	Data Processing and Compound Identification.....	76
4.14.6	Metabolite Profiling and Data Analysis	76
4.14.7	Presentation of Results	76
4.15	Data Analysis	77
5.	RESULTS	78
5.1	Diversity and traditional knowledge of Unani medicinal plants from Northwest Gujarat.....	78
5.2	Batrisu Vasanu: A Polyherbal Formulation from Central Gujarat.....	89
5.3	Selection and Authentication of Unani Polyherbal Formulations.....	102
5.3.1	Selection of Unani Polyherbal Formulations.....	102
5.3.2	Collection and Morphological Authentication of Unani Drugs.....	103
5.4	Preparation and Extraction of Selected Unani Polyherbal Formulations ...	103
5.4.1	Preparation of Unani Polyherbal Formulations	103
5.4.2	Organoleptic Characteristics.....	103
5.4.3	Determination of Percentage Yield of Extracts	106
5.5	<i>In vitro</i> Pharmacological Evaluation of Selected Unani Polyherbal Formulations.....	109
5.5.1	Evaluation of Antibacterial activity	110
5.5.2	Evaluation of Antifungal activity.....	133
5.5.3	Evaluation of Antioxidant activity by DPPH assay	149
5.6	Phytochemical characterization	158

5.6.1	Determination of Total Phenolic Content (TPC) and Total Flavonoid Content (TFC)	158
5.6.2	Pearson Correlation and Implications	167
5.6.3	Thin-Layer Chromatography (TLC) and High-Performance Thin-Layer Chromatography (HPTLC) Fingerprinting	178
5.6.4	HR-LCMS-QTOF Analysis	211
6.	DISCUSSION	311
6.1	Diversity and traditional knowledge of Unani medicinal plants from Northwest Gujarat	311
6.2	Batrisu Vasanu: A Polyherbal Formulation from Central Gujarat	313
6.3	Determination of Percentage Yield of Extracts	315
6.4	<i>In vitro</i> Pharmacological Evaluation of Selected Unani Polyherbal Formulations	315
6.4.1	Antibacterial Activity	316
6.4.2	Antifungal Activity	318
6.4.3	Antioxidant activity by DPPH assay	320
6.5	Phytochemical characterization	322
6.5.1	The determination of Total Phenolic Content (TPC) and Total Flavonoid Content (TFC)	322
6.5.2	Pearson Correlation and Implications	324
6.5.3	Thin-Layer Chromatography (TLC) and High-Performance Thin-Layer Chromatography (HPTLC) Fingerprinting	326
6.5.4	HR-LCMS-QTOF Analysis	328
7.	SUMMARY OF KEY FINDINGS	331
7.1	Diversity assessment and traditional knowledge of Unani plants	331
7.2	Selection, Authentication and preparation of selected Unani Polyherbal formulations	331
7.3	Organoleptic properties of the five Unani polyherbal formulations	332

7.4	Extraction Efficiencies.....	332
7.5	Antibacterial activity	332
7.5.1	Majoon-E-Najah (MN):.....	332
7.5.2	Suffof-E-Najah (SN):	333
7.5.3	Suffof-E-Chobchini (SC):.....	333
7.5.4	Formulation 1 (F1):	333
7.5.5	Formulation 2 (F2):	333
7.6	Antifungal activity.....	333
7.6.1	Majoon-E-Najah (MN):.....	333
7.6.2	Suffof-E-Najah (SN):	334
7.6.3	Suffof-E-Chobchini (SC):.....	334
7.6.4	Formulation 1 (F1):	334
7.6.5	Formulation 2 (F2):	334
7.7	Antioxidant activity	334
7.7.1	Majoon-E-Najah (MN):.....	334
7.7.2	Suffof-E-Najah (SN):	335
7.7.3	Suffof-E-Chobchini (SC):.....	335
7.7.4	Formulation 1 (F1):	335
7.7.5	Formulation 2 (F2):	335
7.8	The total phenolic content (TPC)	335
7.9	Total flavonoid content (TFC)	336
7.10	Pearson correlation analysis.....	337
7.11	HPTLC Fingerprinting	337
7.12	HR-LCMS-QTOF analysis	337
8.	CONCLUSION	339
9.	BIBLIOGRAPHY	340
10.	LIST OF PUBLICATIONS.....	385

11.	PATENTS	385
12.	LIST OF CONFERENCES/WORKSHOPS	386