

STRENGTH OF THE STUDY

This community-based study assessed intra-family differences in nutritional status between children and adult members of the food secure families during the dual nutrition burden era in a setting where a high prevalence of undernutrition in 0-18 aged children coexisted with a high prevalence of overnutrition in adults. The study assessed physical activity and nutritional status in food-secure urban low-middle-income families and explored the extent to which these factors were responsible for the observed substantial intrafamily differences in nutritional status.

