



PSYCHOPHYSIOLOGY OF STRESS INFLUENCE OF YOGIC AND RELATED TECHNIQUES

A Thesis Submitted to
The Maharaja Sayajirao University of Baroda
For the Degree of

Doctor of Philosophy
(PHYSIOLOGY)

BY

N.R. PATHAK

M.Sc. (Medical)

**DEPARTMENT OF PHYSIOLOGY
MEDICAL COLLEGE, BARODA - 390 001
GUJARAT - INDIA.**

**GUIDE : DR. B.M. PALAN, M.D., D. CLIN. HYPNO. (USA)
DIRECTOR, BEHAVIOURAL MEDICINE CLINIC AND CENTRE FOR STRESS MANAGEMENT,
BARODA - 390 020**

P h m

8747