

Appendix III

PRODUCT TESTING QUESTIONNAIRE

I. Classification Data

ICDS Centre \_\_\_\_\_  
 Date of enrolment \_\_\_\_\_  
 Name of the respondent \_\_\_\_\_  
 Pregnant \_\_\_\_\_ Lactating \_\_\_\_\_  
 Month of pregnancy \_\_\_\_\_ or Lactation \_\_\_\_\_  
 Parity \_\_\_\_\_  
 Date of birth of child \_\_\_\_\_  
 Ethnic Group \_\_\_\_\_  
 Type of family : Nuclear \_\_\_\_\_ Joint \_\_\_\_\_

Composition of the family

Sr.No.	Relation to the subject	Age
1.		
2.		
3.		
4.		
5.		
6.		

Education : Self \_\_\_\_\_ Husband \_\_\_\_\_  
 Occupation: Self \_\_\_\_\_ Husband \_\_\_\_\_  
 Per capita income Rs. \_\_\_\_\_ Per month.

II. Acceptability of methi biscuits by pregnant and lactating women.

Not very bitter \_\_\_\_\_ : Bitter \_\_\_\_\_  
 Very bitter \_\_\_\_\_ : Tolerable \_\_\_\_\_

III. Questionnaire for sharing characteristics consumption, etc.

1. Did you share the biscuits with other family members ?

Sweet biscuits : Yes \_\_\_\_\_ No \_\_\_\_\_

Methi biscuits : Yes \_\_\_\_\_ Na \_\_\_\_\_

2. It shared, with whom ?

Children : Sweet biscuits \_\_\_\_\_ Methi biscuits \_\_\_\_\_

Elderly people : Sweet biscuits \_\_\_\_\_ Methi biscuits \_\_\_\_\_

Other (Specify) : Sweet biscuits \_\_\_\_\_ Methi biscuits \_\_\_\_\_

3. How many biscuits did you share ?

Sweet biscuits \_\_\_\_\_

Methi biscuits \_\_\_\_\_

4. How many did you eat yourself ?

Sweet biscuits \_\_\_\_\_

Methi biscuits \_\_\_\_\_

5. At what time you generally ate the biscuits ?

6. Did you eat the biscuits \_\_\_\_\_

With tea \_\_\_\_\_ Without tea \_\_\_\_\_ W/Wo tea \_\_\_\_\_

7. Do you think that the biscuits were beneficial .If yes what effects did you notice on self ?

**Sweet Biscuits**

**Methi biscuits**

Better health

Increased energy

Reduced body aches

Others (specify)

8. Were the biscuits good for child's health ?

If yes in what way ?

**Sweet Biscuits**

**Methi biscuits**

Better health

Increased milk for the child

Increased body weight

Any other (specify)

9. Body weight (kg)

	Subject	Infant
Baseline		
After I intervention		
After II intervention		

**Attitudes of Anganwadi Workers towards supplementation with methi biscuits :**

Name \_\_\_\_\_  
 ICDS No. \_\_\_\_\_ Location \_\_\_\_\_  
 No. of years in service \_\_\_\_\_

Q.1 Do you think that biscuits should be given to pregnant and lactating women instead of the food usually given (Baroda Mix.) ?

Yes \_\_\_\_\_  
 No \_\_\_\_\_

Q.2 If yes why ?

Q.3 If no why ?

Q.4 According to you which type of biscuits should be given ?

Methi biscuits \_\_\_\_\_  
 Sweet biscuits \_\_\_\_\_

Q.5 Give reasons for your answer ?

Q.6 Did the women collect the biscuits regularly ?

Sweet Biscuits : Yes \_\_\_\_\_ No \_\_\_\_\_  
 Methi Biscuits : Yes \_\_\_\_\_ No \_\_\_\_\_

Q.7 If 'no' Why ?

Q.8 Do you think that the biscuits were shared ?

Sweet Biscuits : Yes \_\_\_\_\_ No \_\_\_\_\_  
 Methi Biscuits : Yes \_\_\_\_\_ No \_\_\_\_\_

Q.9 If 'yes' - with whom ?

Sweet Biscuits \_\_\_\_\_  
 Methi Biscuits \_\_\_\_\_

Q.10 Did most of the women consume the biscuits themselves ?

Sweet Biscuits \_\_\_\_\_

Methi Biscuits \_\_\_\_\_

Q.11 Did you notice any improvement in the health of the women after giving these biscuits ?

Sweet Biscuits Yes \_\_\_\_\_ No \_\_\_\_\_

Methi Biscuits Yes \_\_\_\_\_ No \_\_\_\_\_

Q.12 If 'yes' what changes ?

Sweet Biscuits \_\_\_\_\_

Methi Biscuits \_\_\_\_\_

Q.13 Did the women complain of any adverse effects of the biscuits ?

Sweet Biscuits : Yes \_\_\_\_\_ No \_\_\_\_\_

Methi Biscuits : Yes \_\_\_\_\_ No \_\_\_\_\_

Q.14 If yes, What ?

Q.15 Did you notice any improvement the health of the infants ?

Sweet Biscuits Yes \_\_\_\_\_ No \_\_\_\_\_

Methi Biscuits Yes \_\_\_\_\_ No \_\_\_\_\_

Q.16 If 'yes' - what ?

Sweet Biscuits : \_\_\_\_\_

Methi Biscuits : \_\_\_\_\_

Q.17 Did the women complain of any adverse effects in the infant ?

Yes \_\_\_\_\_

No \_\_\_\_\_

Q.18 If yes, What ?

Q.19 Would you maintain the records if this was to be distributed in future ?

Yes \_\_\_\_\_ No \_\_\_\_\_

Q.20 How frequently do you think the women should come to collect the biscuits ?

Everday \_\_\_\_\_ Alternate day \_\_\_\_\_ Less often (specify) \_\_\_\_\_

Q.21 Do you think that the quantity of biscuits should be increased or decreased ?

Increased \_\_\_\_\_ How much \_\_\_\_\_

Decreased \_\_\_\_\_ How much \_\_\_\_\_

Q.22 Any comments ?