

LIST OF FIGURES

Chapter-1

Figure 1. 1: Female reproductive organs (Hall 2010)	1
Figure 1. 2: Functional anatomy and developmental changes in adult ovary during an ovarian cycle. (Freeman 2001).	4
Figure 1. 3: Hypothalamus-pituitary ovarian axis (Erickson et al. 1985).....	4
Figure 1. 4: Developmental stages of ovarian follicle. (Erickson et al. 1985).....	4
Figure 1. 5: Steroidogenic pathway in the ovary, modified from. (Leão and Esteves 2014).....	7
Figure 1. 6: The two cell two gonadotropin theory of ovarian steroidogenesis (Will et al. 2001; Boron and Boulpaep 2012).....	8
Figure 1. 7 : The apoptotic pathway in a cell.....	10
Figure 1. 8: The negative feedback along the HPO axis ensures that steroidogenic signaling is tightly controlled. (Restuccia et al. 2012).....	11
Figure 1. 9: Structure of insulin receptor, type I IGF receptor and type II IGF receptor (Livingstone 2014).....	14
Figure 1. 10: Insulin and IGF signalling pathways. (White 2002).....	16
Figure 1. 11: Cross talk between gonadotropins and insulin in granulosa cells. (Leung and Adashi 2003)	17
Figure 1. 12: Overview of energy metabolism during key developmental events in mammalian folliculogenesis modified from (Trounson et al. 2013).	18
Figure 1. 13: Pictorial explanation of normal cell and insulin resistant cell. Insulin resistant cell have less insulin receptors, excess free-floating insulin and glucose.....	22
Figure 1. 14: Mechanism of insulin resistance (Biddinger and Kahn 2006)	24
Figure 1. 15: Pictorial representation of cysts in PCOS as compared to normal ovary.....	26
Figure 1. 16: Overall signaling relation between Insulin resistance and PCOS.....	26

Chapter-4

Figure 4. 1: Effect of Cd, Dexamethasone and Dexamethasone + Cd treatment on (A) OGTT profile, (B) serum insulin levels, (C) FIRI and (D) protein expression of insulin receptor in granulosa cell.	66
Figure 4. 2: Effect of Dexamethasone and Cd alone or in combination on estrous cyclicity of rats.....	67
Figure 4. 3: Histological assessment of ovarian structure in Control, Cd, IR and IR+Cd treated rats.	68
Figure 4. 4: Effect of IR and Cd on % cell viability of luteinized granulosa cells of rats.	68
Figure 4. 5: Effect of IR and Cd either alone or in combination on cell death parameters. (A) mRNA expression of Bax and Bcl2 was done by semi-quantitative RT-PCR. (B). Densitometric analysis of Bax (C) Densitometric analysis of Bcl2..	69
Figure 4. 6: Effect of IR and Cd either alone or in combination on protein expression of PARP and caspase-3. (A) western blot images of PARP and caspase-3. (B). Densitometric analysis of Activated caspase-3. (C) Densitometric analysis of Cleaved PARP-F2.	70
Figure 4. 7: Effect of Cd, IR alone and in combination on Annexin V/PI staining in granulosa cells. Red color indicates presence of PI, green color indicates Annexin V staining.	70
Figure 4. 8: Effect of IR and Cd either alone or in combination on serum (A) estradiol and (B). progesterone levels. (C) E2/P4 ratio.	71

Figure 4. 9: Effect of IR and Cd either alone or in combination on (A) mRNA expression of genes involved in steroidogenesis (B) densitometric analysis for mRNA (C) protein expression of genes involved in steroidogenesis (D) densitometric analysis for protein.	71
Figure 4. 10: Effect of IR and Cd either alone or in combination on A. 17 β -HSD activity and B. 3 β -HSD activity in rat luteinized granulosa cells.	73
Figure 4. 11: Effect of IR and Cd either alone or in combination on gonadotropin receptors. mRNA of FSH-R and LH-R was analysed by real time PCR. (A) FSH-R. (B) LH-R.	73
Figure 4. 12: Effect of IR and Cd either alone or in combination on genes involved in regulation of steroidogenesis. mRNA expression of GnRH, CYP19A1, FSH- β and LH- β was done by real time PCR. A. CYP19A1. B. GnRH. C. FSH- β D. LH- β . E. Ratio of LH/FSH.	74
Figure 4. 13: Schematic diagram summarizing potential effect of Cd on dexamethasone induced IR rat model	80

Chapter-5

Figure 5. 1: Schematic diagram of IVF. After the retrieval of oocyte, the remaining follicular fluid is discarded. It is this follicular fluid that is rich in granulosa cells and is used for research purposes.	86
Figure 5. 2: Characterization of hLGC's isolated from follicular fluid. Blue color indicates presence of nucleus and green color reflects the steroidogenic enzymes.	88
Figure 5. 3: IR in hLGC's from PCOS samples. A) Western blot of INR- β using β - actin as endogenous control. B) Densitometry analysis.	88
Figure 5. 4: Cd concentration as estimated in control and PCOS by AAS in few representative samples.	89
Figure 5. 5: A. Dose dependent study of Cd on hLGC's viability (in vitro). B. Effect of IR and Cd either alone or in combination on hLGC's viability.	90
Figure 5. 6: Effect of IR and Cd either alone or in combination on protein expression of A). activated caspase-3 B). Densitometry for activated caspase-3 C). PARP-F2 D) Densitometry for cleaved PARP-F2.	90
Figure 5. 7: Effect of IR and Cd alone or in combination on Annexin V and PI staining in hLGC's.	91
Figure 5. 8: Effect of IR and Cd either alone or in combination on steroid hormone concentrations in hLGC cell culture supernatant. A). estradiol and B). progesterone	92
Figure 5. 9: Effect of IR and Cd either alone or in combination on hLGC's. (A) mRNA expression of genes involved in steroidogenesis (B) protein expression of genes involved in steroidogenesis (C) densitometric analysis for protein.	92
Figure 5. 10: Effect of Cd and IR either alone or in combination on A. 17 β -HSD and B. 3 β -HSD activity in hLGC's.	93
Figure 5. 11: Effect of IR and Cd either alone or in combination hLGC's. Effect of IR and Cd either alone or in combination in hLGC's on (A) mRNA expression of FSH-R (B) mRNA expression of LH-R	93

Chapter-6

Figure 6. 1: The diagnostic criteria for PCOS includes two or more of these features. (Diamanti-Kandarakis and Dunaif 2012).	102
Figure 6. 2: Human luteinized granulosa cell A). Protein expression of INSR- β . B). Densitometry. C). % cell viability.	105
Figure 6. 3: Expression of insulin signalling proteins in control, PCOS-IR and PCOS-NIR. A) Western blot B) Densitometry	106

Figure 6. 4: Expression of fatty acid metabolism genes in control, PCOS-IR and PCOS-NIR.	106
Figure 6. 5: Expression of genes and proteins involved in steroidogenesis in control, PCOS-IR, PCOS-NIR. A. mRNA expression B. Western blot study using β - actin as endogenous control C. Densitometry analysis.	107
Figure 6. 6: Steroid hormone concentration in follicular fluid aspirates. A. estradiol, B. progesterone and C. testosterone.	108
Figure 6. 7: Expression of FSH-R and LH-R genes in PCOS-IR and PCOS-NIR.	108
Figure 6. 8: Expression of IGF's and their receptors in PCOS-IR and PCOS-NIR. A. IGF-1 and IGF-1R and B. IGF-2 and IGF-2R	109
Figure 6. 9: Schematic figure showing difference in signalling between control, PCOS-IR and PCOS-NIR luteinized granulosa cells.	114

Chapter-7

Figure 7. 1: Structure of metformin.	119
Figure 7. 2: A. Picture of <i>Enicostemma Littorale</i> Blume. B. Molecular structure of swertiamarin.	120
Figure 7. 3: A. Picture of Curcumin Longa B. Powdered form used as spice. C. Molecular formula of curcumin	120
Figure 7. 4: Effect of swertiamarin, curcumin and metformin on cell viability in PCOS-IR and PCOS-NIR. The normalized expression values are represented as mean + SEM of three independent experiments.	123
Figure 7.5: Effect of swertiamarin, curcumin and metformin on expression of proteins involved in insulin signalling in hLGC's. A. western blot from PCOS-IR. B. Densitometric analysis for PCOS-IR. C. western blot for PCOS-NIR. D. Densitometric analysis for PCOS-NIR.	124
Figure 7. 6: Effect of swertiamarin, curcumin and metformin on mRNA expression of fatty acid metabolism genes in A. PCOS-IR. B. PCOS-NIR. The normalized expression values are represented as mean + SEM of three independent experiments.	125
Figure 7. 7: Effect of swertiamarin, curcumin and metformin on steroidogenic machinery in hLGC's from PCOS-IR. A. mRNA expression. B. western blot. C. Densitometric analysis. E. Enzyme activity.	126
Figure 7. 8: Effect of swertiamarin, curcumin and metformin on steroidogenic machinery in hLGC's from PCOS-NIR. A. mRNA expression. B. western blot. C. Densitometric analysis. E. Enzyme activity.	126
Figure 7. 9: Effect of swertiamarin, curcumin and metformin on enzyme activity in hLGC's from PCOS-IR and PCOS-NIR A. 3β -HSD and B. 17β -HSD. The values are represented as mean + SEM of three independent experiments.	127
Figure 7. 10: Effect of swertiamarin, curcumin and metformin on steroid hormone levels in hLGC's from. A. PCOS-IR. B. PCOS-NIR. The normalized expression values are represented as mean + SEM of three independent experiments.	128
Figure 7. 11: Effect of swertiamarin, curcumin and metformin on mRNA expression of A.FSH-R and B. LH-R in hLGC's from PCOS-IR B. and NIR. The values are represented as mean + SEM of three independent experiments.	128
Figure 7. 12: Effect of swertiamarin, curcumin and metformin on mRNA expression of genes involved in IGF system. A. PCOS-IR. B. PCOS-NIR. The normalized expression values are represented as mean + SEM of three independent experiments.	129
Figure 7. 13: Schematic diagram summarizing potential effect of swertiamarin, curcumin and metformin in PCOS-IR and PCOS-NIR hLGC's.	133

LIST OF TABLES

Table 1: Fasting Insulin Resistance Index (FIRI) values

Index Value	Indication
Less than 2.67	Normal
Between 2.93 and 3.12	Typically found in person who are obese and may indicate insulin resistance
Above 3.22	Indicates pre diabetes or Type-II diabetes

Table 2: Antibody for Western Blotting

Name of Antibody	Company and Catalog No.	Mono/Poly clonal	Mol. Weight (kDa)	Isotype	Dilution	Secondary antibody dilution
PI(3)K p85(19H8)	Cell Signaling #4257	Mono	85	Rabbit	1:1000	1:2500
Insulin Receptor β (4B8)	Cell Signaling #3025	Mono	95	Rabbit	1:1000	1:2500
Phospho IRS-1	Cell Signaling #2381	Poly	180	Rabbit	1:1000	1:2500
Phospho Akt	Cell Signaling #4060	Mono	60	Rabbit	1:2000	1:2500
P38 MAPK	Cell Signaling #9212	Poly	43	Rabbit	1:1000	1:2500
P _{44/42} MAPK (Erk1/2)	Cell Signaling #9102	Poly	42,44	Rabbit	1:1000	1:2500
Protein Kinase C- ζ	Millipore #07-264	Poly	72	Rabbit	1:20,000	1:2500
PPAR- γ	Cell Signaling #2435	Mono	53,57	Rabbit	1:1000	1:2500
StAR (Steroidogenic acute regulatory protein)	gifted by Prof. Stocco	Poly	30	Rabbit	1:1000	1:10,000
CYP11A1	Santacruz		60	Goat	1:1000	1:5000
3 β -HSD	Gifted by Prof. Van Luu THE	Poly	35	Rabbit	1:1000	1:10,000
CYP19A1	Cell Signaling	Poly	58	Rabbit	1:1000	1:5000
17 β -HSD	Gifted by Prof. Van Luu THE	Poly	35	Rabbit	1:1000	1:10,000
Caspase-3	Thermo	Poly	32	Rabbit	1:500	1:2500

	scientific					
PARP (46D11)	Cell Signaling #9532	Mono	116,89	Rabbit	1:1000	1:2500
Beta Actin	Thermo Scientific #MAI-91399	Mono	43	Mouse	1:10000	1:2500

Table 3: Antibody for Immunocytochemistry

Name of Antibody	Company and Catalog No.	Mono/Poly clonal	Mol. Weight (kDa)	Isotype	Dilution
CYP19A1	Cell Signaling	Poly	58	Rabbit	1:50
17 β -HSD	Gifted by Prof. Van Luu THE	Poly	35	Rabbit	1:100
3 β -HSD	Gifted by Prof. Van Luu THE	Poly	35	Rabbit	1:100

Table 4: List of primers sequences (Rat) with its amplicon size

Name	Primer (Species-Rat)	Product	Annealing Tm (°C)	Reference (Accession No.)
Bax	5'- AGACACCTGAGCTGACCTTG-3' FP 5'- GTCCCGAAGTAGGAGAGGAG-3' RP	55	301	Sato <i>et. al.</i> 1994 ; Tilly <i>et. al.</i> 1995
Bcl2	5'-CTGGGGATGACTTCTCTCG-3' FP 5'- GGAGAAATCAAACAGAGGTC-3' RP	55	349	Sato <i>et. al.</i> 1994 ; Tilly <i>et. al.</i> 1995
CYP19A1	5'GGAATCCATCAAGCAGCATT-3' FP 5'TTCCACCTCCGGATACTCTG-3' RP	58	493	NM_017085
StAR	5'AGGCAGGGGGATCTTTCTAA-3'FP 5'TGCCTGACTAGGGTTTCGTT-3'RP	57	330	NM_031558
CYP11A1	5'AGATCCCTTCCCCTGGTGACAATG3'FP 5'CCAGGCGCTCCCCAAATACAACA3' RP	61	510	NM_017286
17 β -HSD	5'CCTCTTTCGCCACTATCAGC-3' FP 5'GGAGACAAATGAGGGCTC-3' RP	58	400	AF035156
3 β -HSD	5'ATGCCCAGTACCTGAGGAGA-3' FP 5'TTGAGGGCCGCAAGTATC-3' RP	61	427	M38178
FSH- β	5'TCCAGTAGCCACTGAATGCC 3' FP 5'TTCAACGAAGGAGCAGTAGC 3' RP	59.4	97	M36804
LH- β	Fw 5'GAGAATGAGTTCTGCCAGTCTG 3' Rv 5'TGGCAGTACTCGAACCATGC3'	59	85	J00749
CYP19A1	Fw 5' CGTCATGTTGCTTCTCATCG 3' Rv 5'TACCGCAGGCTCTCGTTAAT 3'	57.3	150	M33986
GnRH 1	Fw 5'GGCAAGGAGGAGGATCAAAT 3' Rv 5'GCCAGCTTCTCTTCAATC 3'	59.4	121	M31670
FSH-R	Fw 5'CATCACTGTGTCCAAGGCCA 3' Rv 5'TGCGGAAGTTCTTGGTGA 3'	55.9	101	NM_199237.1

LH-R	Fw 5'CTGCGCTGTCCTGGCC 3' Rv 5'CGACCTCATTAAGTCCCCTGAA 3'	60.3	103	
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Table 5: Taqman Gene expression probes (Human)

S.No	Name	ID	Cat.No	amplicon length
1	StAR-Steroidogenic Acute Regulatory protein	Hs00986558_g1	4448892	68
2	CYP11A1-Cytochrome P450 side chain cleavage	Hs00897322_g1	4448892	90
3	CYP19A1-Aromatase	Hs00903410_m1	4448892	88
4	HSD3B2 (3-beta hydroxy steroid dehydrogenase type-2)	Hs01080264_g1	4448892	77
5	HSD17B1 (17-beta hydroxy steroid dehydrogenase type-1)	Hs00907289_g1	4448892	93

Table 6: List of primers sequences (Human) for fat metabolism with its amplicon size

Gene	Accession number	Sequence (5'→3')	Product size	Annealing Temperature
SREBP-1c (H)	NM_001005291	F: TGCATTTTCTGACACGCTTC R: CCAAGCTGTACAGGCTCTCC	171	60
ACC-1(H)	NM_198834	F: TTTAAGGGGTGAAGAGGGTGC R: CCAGAAAGACCTAGCCCTCAAG	171	60
FAS (H)	NM_004104	F: CACAGGGACAACCTGGAGTT R: ACTCCACAGGTGGGAACAAG	97	60
CPT 1 (H)	NM_001876	F: TCGTCACCTCTTCTGCCTTT R: ACACACCATAGCCGTCATCA	206	60
Actin-β(H)	NM_001101	F: ACTCTTCCAGCCTTCCTTCC R: CGTACAGGTCTTTGCGGATG	101	60

Table 7: List of primers sequences (Human) with its amplicon size

Gene	Accession number	Sequence (5'→3')	Product size	Annealing Temperature
IGF-I(H)	NM_000618.3	F: AGCAGTCTTCCAACCCAATTATTTAG R: AGATGCGAGGAGGACATGGT	83	56
IGF-IR (H)	NM_000875.4	F: AAGGCTGTGACCCTCACCAT R: CGATGCTGAAAGAACGTCCAA	118	56
IGF-II(H)	NM_000612.5	F: AGCAGTCTTCCAACCCAATTATTTAG R: GGACTGCTTCCAGGTGTCATATT	189	57
IGF-IIR(H)	NM_000876.2	F: AGCAGTCTTCCAACCCAATTATTTAG R: GAGACAAGTCAACAATAGAGCTTCCA	197	60
FSH-R (H)	NM_000145.3	F: TTTCAAGAACAAGGATCCATTCC R: CCTGGCCCTCAGCTTCTTAA	336	60
LH-R (H)	NM_000233.3	F: TTCAATGGGACGACACTGACTT R: TGTGCATCTTCTCCAGATGTACGT	234	60