

Acknowledgements

One simply does not spend more than three years of his life pursuing PhD without forming interpersonal relationships, learning a lesson or two about life or picking up new hobbies or passion. I believe this is the safe space where I can share my feelings relating to my PhD experiences that had beyond statistical significance.

First of all, I am very grateful to GOD ALMIGHTY for without his graces and blessings, nothing would have been possible. Then with all due respect, I would like to express my sincere appreciation to my guide, **Dr. Rajashree C. Mashru** for her constant guidance and encouragement, without which I don't see my work would have seen this day. For her unwavering support, I am truly grateful. Her observations and comments established the groundwork for this deeply studied investigation. I am also grateful to my co-guide, **Prof. Ambikanandan Misra**, who actually saw the potential in me to carry out such futuristic work. His immense experience and immeasurable knowledge showed me the way to make the work informative and exhaustive. It -was a greatly enriching experience for me to work under the guidance of two such authoritative personalities.

I am also thankful to **Dr. M. R.Yadav**, former Dean and Head and professor, pharmacy department, The Maharaja Sayajirao University of Baroda for providing me the necessary facilities for the research work. I would also like to express my sincere gratitude to **Dr. (Mrs.) S.J. Rajput**, present dean faculty of pharmacy ,Professor in Pharmaceutical Quality Assurance, **Late Dr. (Mrs.) Rajani Giridhar**, Professor in Pharmaceutical Chemistry, **Dr. (Mrs.) K.K. Sawant, head pharmacy dept.** , Professor in Pharmaceutics for their invaluable support and advice during my research work.

I am also thankful to **Dr. Kirti Patel**, the co-ordinator at Shri G H Patel Pharmacy Building, Faculty of Pharmacy, The M.S.University of Baroda for her constant support throughout her tenure and valuable inputs regarding animal studies.

I would like to extend my regards to **Vaishaliben, Heenaben, Praghneshbhai and Chandrkantbhai** who is associated with this sophisticated research facility having a confluence of information and infrastructure to smoothly carry out the research studies. I can not forget to thank all the non-teaching staff for the smallest possible help they could offer me throughout my work.

I am in debt to my friend cum brother **Sagar Parmar**, for his invaluable support and help to sail through my times. I express my special thanks to **Dr. Imran Vohra**, my senior cum

friend, to short out my research topic and for his valuable inputs on research methodologies to conduct my experiment in planned manner. I am also thankful to my seniors, **Chintan Vora, Riddhish Patadia, Karan Mittal** and **Priyanka Bhatt** for being kind to me throughout my PhD tenure.

My deep appreciation goes out to my friends, **Brinda Panchamia** and **Varsha Raimalani**, Department of Biochemistry, Faculty of science, The M.S. University of Baroda, for helping me to isolate plasmid. I am thankful to Hinal Patel, genome lab, Faculty of science, The M.S. University of Baroda, to help me carry our confocal experiments which is one of the most important part of the studies I have carried out.

I am thankful to **Chirag Savani**, Chemistry department, faculty of science, the M.S. University of Baroda to help me and constantly guiding me in my chemistry work. Without their help it would almost be an impossible task to carry out modification of lipids followed by their isolation and purification.

I sincerely acknowledge the support of **Sun Pharma Advanced research center**, for carrying out cryo-TEM studies and plume geometry, spray pattern of nasal spray formulation with their highly sophisticated instruments.

Lastly, I express hearty thanks to my beloved **parents** and **brother** for their love, patience, and understanding as their support, encouragement and blessings helped me to pursue my interests. I hope with my hard work and dedication, I would be able to translate all their dreams into reality.

Manit J. Gandhi