

LIST OF FRAMES

Frame No	Title of the frame	Page No.
Frame: 1.1	Anecdote depicting efficacy of the teachers	21
Frame: 4.1	Researcher's observation on Happiness Activity	103
Frame: 4.2	Reflection on Happiness exercise by Teachers	103
Frame: 4.3	Responses of the Teachers on the Anger Fast	104
Frame: 4.4	Positive changes as reported by the participants after the program	106
Frame: 4.5	Verbatim of the Participant	108
Frame: 4.6	Responses of Teachers after Enhancement Program	111
Frame: 5.1	Positive changes as reported by the participants after the program	116