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APPENDIX

SCORING MANUAL FOR NEED ACHIEVEMENT

(A) Achievement Imagery (AI)

The scorer at first decides, whether or not the story contains achievement imagery, i.e. it should contain some reference to an achievement goal, which would justify the scoring of the subcategories. By achievement goal is meant success in competition, with some standard of excellence.

1. Competition with a standard of excellence is manifested :

(i) When one of the characters in the story is engaged in some competitive activity where winning or doing as well as or better than others is actually stated as primary concern.

(ii) When above mentioned desire is not explicitly stated but :

(a) an affective concern for goal attainment is shown or reflected.

(b) certain type of instrumental activities are indicated which show concern to compete successfully with a standard of excellence.

(iii) Competition with self, i.e. competition with one's ownself in meeting the self-imposed requirements of good performance.

2. Unique accomplishment : When one of the characters is involved in off the beat than routine tasks, that will mark his personal success. Here an inference is made that

the individual is competing with a standard of excellence and unless his goal is achieved he will experience a feeling of failure.

3. Long Term Involvement : When one of the characters is involved in the attainment of a long term achievement goal, competition is inferred unless it is stated that another goal is primary.

(B) Doubtful and Task-related Imagery (TI)

Stories containing some references to achievement but which fail to meet one of the three criteria mentioned above and the stories containing reference to routine task goals only, are scored TI.

(C) Unrelated Imagery (UI)

Stories with no reference to achievement goal whatever are scored unrelated and not scored further. UI story is awarded minus one score.

AI stories are scored plus one, TI stories zero, and UI stories minus one. Only AI stories are scored further for the following subcategories :

(i) Need(N) : Some one in the story states the desire to reach an achievement goal or want to achieve something specific. These are scored for stated need. Need is not inferred from the activity of individual but is scored when a definite statement of motive is expressed.

- (ii) Instrumental Activity (I) : Overt or mental activity by one or more characters in the story, indicating that something is being done about attaining the achievement goal is considered instrumental activity and is scored I+, I- or I? to indicate whether the outcome of the story is successful, unsuccessful or doubtful. There must be actual statement of the situation and the final outcome of the story.
- (iii) Anticipatory Goal States (Ga+, Ga-): Successful anticipation of the goal attainment is scored Ga+ and frustrations or failure anticipations are scored Ga-. Both Ga+ and Ga- may be scored in the same story, but each may be scored only once. The Ga- category includes all the statements in which achievement related anticipations are not clearly positive (including doubtful anticipations).
- (iv) Blocks (Bp, Bw): Stories are scored for blocks when the progress of goal directed activity is hindered some way. The obstacles may be previous deprivations i.e. failures, which must be overcome before further progress toward goal is possible, (personal block or Bp), or the obstacle may be present in the environment (worldly block or Bw).
- Both Bp and Bw may occur and are scored in the same story, but each is scored once only.
- (v) Nurturant Press (NuP or H): Forces in the story, personal in source, which aid the character who is engaged in achievement related activity are scored Nurturant Press. Some one aids, sympathises with or encourages the person striving for achievement. The aid must be in the direction of achievement goal and not merely incidental to it.

- (vi) Affective States (G+, G-) : The emotional states associated with the goal attainment, active mastery or frustration of the achievement directed activity are scored G. A positive affective state (G+) is associated with active mastery or definite accomplishment, definite objective benefits as a result of successful achievement which allow the inference of positive affect. Negative affective states (G-) are associated with failure to attain an achievement goal and the objective concomitants of complete failure and deprivation which allow the inference of negative affect.
- (vii) Achievement Thema (Ach.Th.) : Achievement Thema is scored when the achievement imagery is elaborated in such a way that it becomes the central theme of the story. Striving for achievement goal and eventual attainment of the goal may be the central plot of the story and are scored for Achievement Thema.

All the subcategories are scored plus one. Along with AI, a story can attain a maximum of 11 scores and the minimum score is -1 when the story is UI.

SELF REPORT CARD FOR TEACHER TRAINEES

Dear Student Teacher,

Kindly furnish the following information about yourself : the home and the institution where you have studied and served Alternate answers have been provided for several items. Please tick (✓) mark those item/s which is/are applicable to you. Do not cross out those items which are not applicable to you. Your replies would be kept confidential and would be used only for the research purposes. Please start and fill in the blanks given below :

A. PERSONAL DATA

1. Name
2. Sex Male/Female
3. Martial status..... Married/unmarried
4. Age in years

21-25	26-30	31-35	36-40	above
-------	-------	-------	-------	-------
5. General Educational qualifications
highest degree

B.A	/ B.Sc.	/ B Com.	/ M.A	/ M.Sc.	/ M.Com
-----	---------	----------	-------	---------	---------
6. Rank/Div-secured.

I	II	III	Compartmental pass
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7. Prior teaching experience,
if any, in years.

Nil	1-3	4-6	7-9	10-12	above
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8. Place of residence..... Urban/Rural.
9. Stay during the present study..... Home/Hostel

10. Parents' Educational Level:-

Qualifications	Father	Mother
Illiterate		
Primary & Upper Primary school		
High School		
College		
Post graduate level.		

I. Parents' Occupation :

Occupation	Pl. tick mark.
Labour and unskilled	
Farmer with land	
Clerical etc.	
Teacher/Lecturer or Headmaster	
Gazetted officer	
Other categories.	

12. Economic status Lower class/middle class/upper middle class/Upper class

13. Parents' Income from all sources.....

B. You and your family:

General information:

(Please answer the following questions carefully regarding your family : your parents/Guardian. If your father is not alive then give the particulars regarding your gaurdian.)

a) Nature of the family: (Pl. tick mark (✓) the words applicable to you)

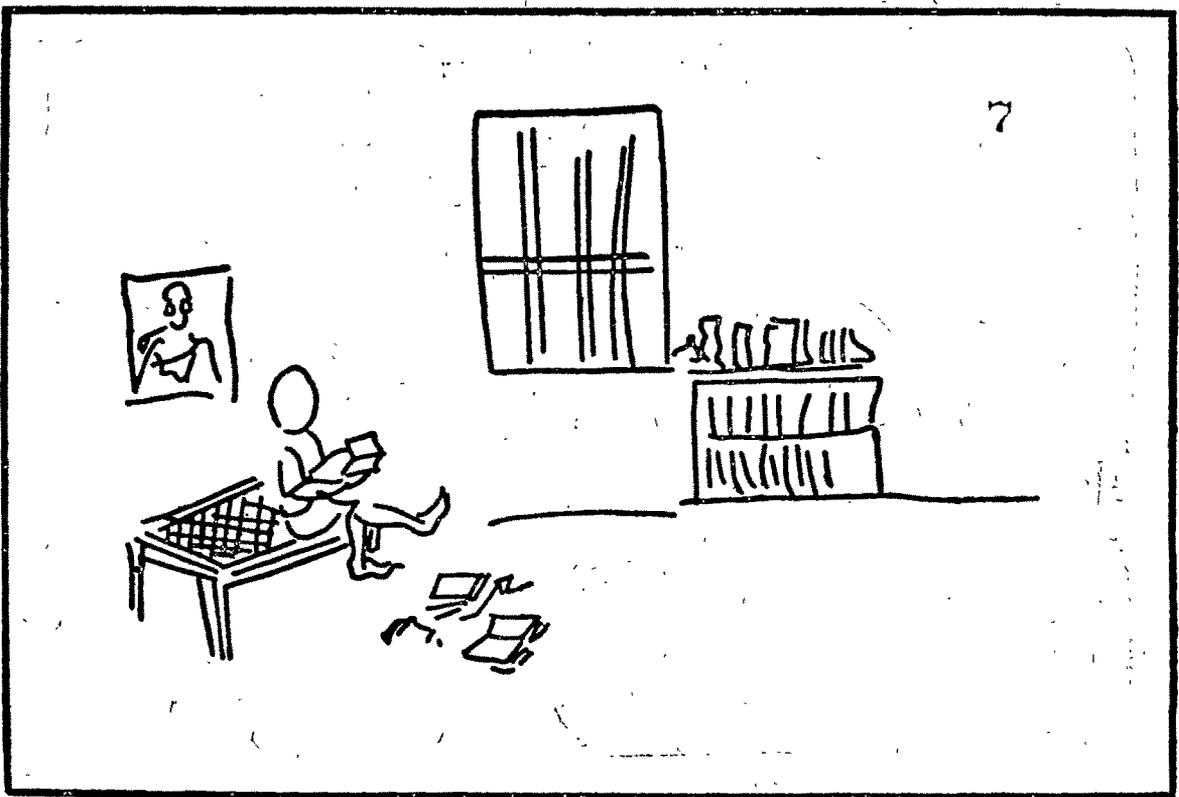
Joint	Rural	Agriculturist	Traditional and illiterate	Religious
Nuclear	Urban	Non-agriculturist	Modern and literate	Liberal in religion

- N. B. ; a) Nuclear means single family
 b) Traditional means having views of the past.
 c) Modern means non-orthodox ideas.

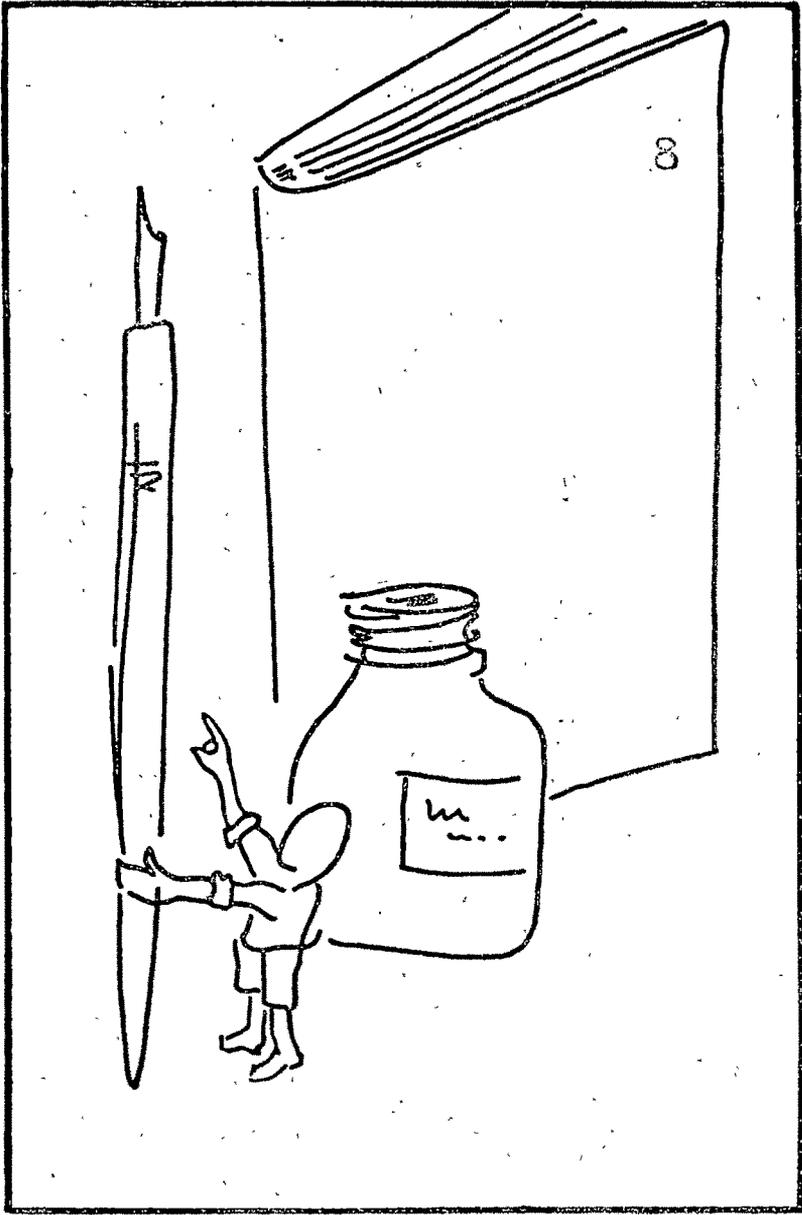
Reaseracher :
K. S. Narula

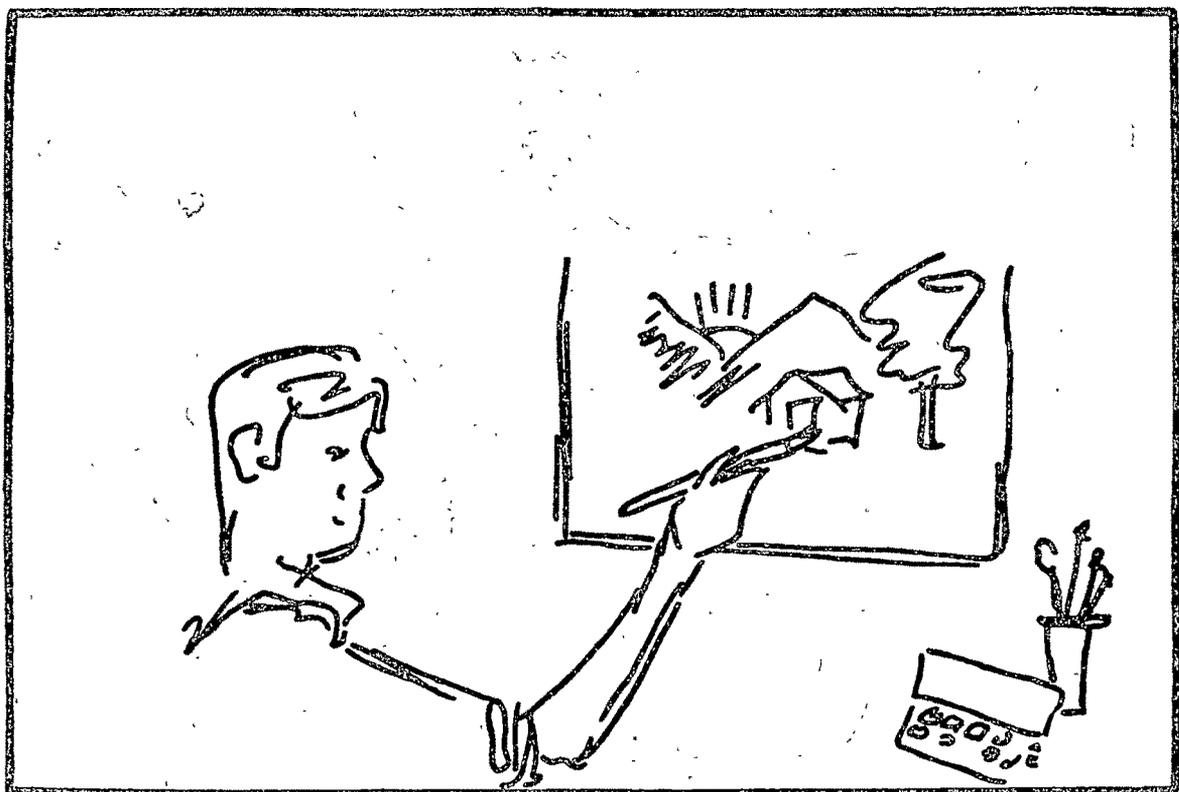
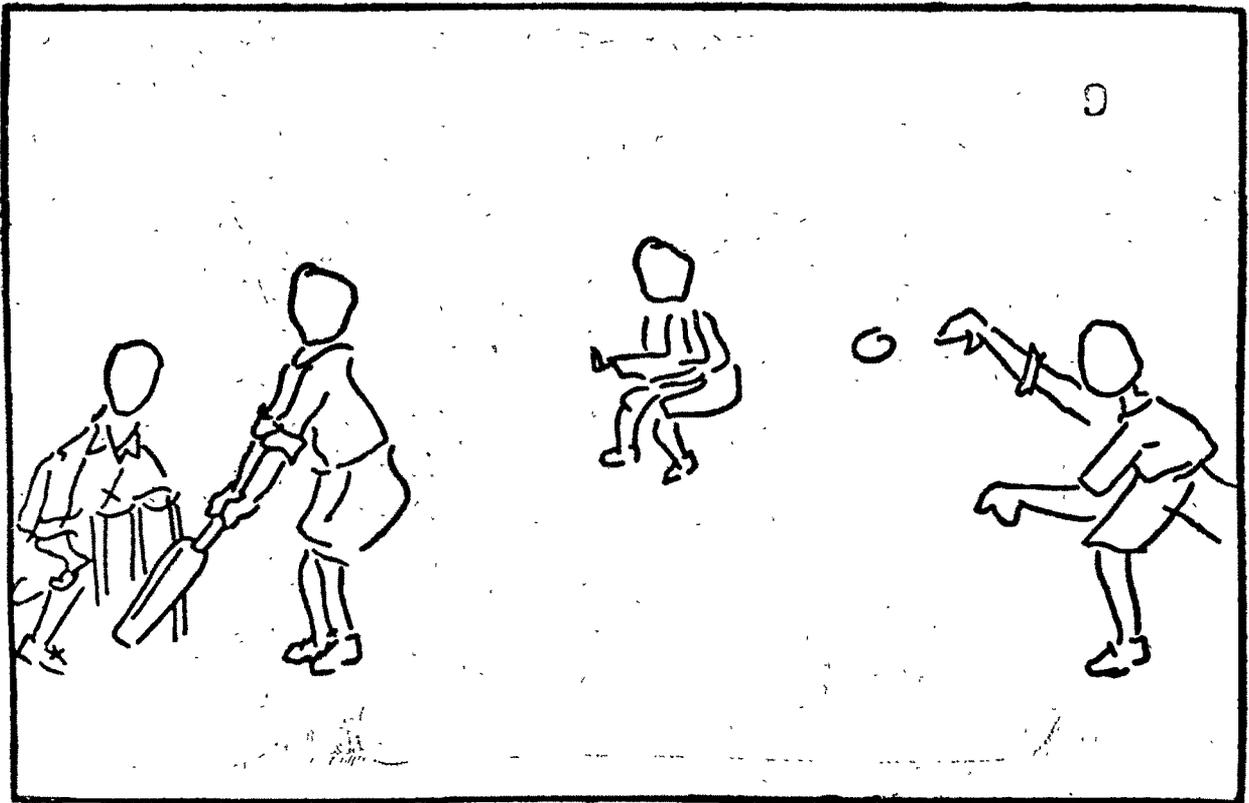
Guide :
Dr. D. B. Desai





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त्रितीय शिक्षा महाविद्यालय

10

अजमेर

शोध कर्ता-के. एस. नरुला

शोध निर्देशक-डा. डी. बी. देसाई

कहानी लिखने के लिये उत्तर पत्रिका

नाम	_____	पिता का नाम	_____
आयु	_____ वर्ष	मास	_____
कक्षा	_____	तारीख	_____
स्कूल का नाम	_____		
गाँव / शहर	_____	जिला	_____

निर्देश

हम आपकी कल्पनाशक्ति जानना चाहते हैं। आपको कुछ चित्र दिखाये जायेंगे। प्रत्येक चित्र को लिखने के लिये २० सेकण्ड और उस पर कहानी लिखने के लिये चार मिनट दिये जायेंगे।

कृपया इस बात का ध्यान रखिये कि प्रत्येक चित्र पर कहानी लिखने के लिये केवल एक ही पृष्ठ है। आपके चिन्तन और चित्र को पूरी तरह से वर्णन करने में सहायता के लिये चार प्रश्न बार बार आयेंगे। प्रयत्न कीजिये कि प्रत्येक प्रश्न पर आपका एक ही मिनट लगे। मैं समय का ध्यान रखूँगा और जब एक प्रश्न से दूसरे पर जाने का समय होगा तो बताऊँगा। लेकिन आप इससे पहले ही अगले प्रश्न पर जाना चाहें तो जा सकते हैं।

कोई भी उत्तर ठीक या गलत नहीं है। इसलिये किसी भी तरह की कहानी बनाने के लिये स्वयं को स्वतन्त्र समझो। आपको चित्र में जैसा दिखाई देता है, वैसा ही नहीं लिखना है बल्कि इसे दिलचस्प बनाने की चेष्टा भी करनी है। जल्दी से लिखिये, ताकि समय के अनुसार आप इसे पूरा कर सकें। व्याकरण प्रथवा शाब्दिक गलतियों की चिन्ता मत कीजिये, कहानी को दिलचस्प बनाइये। अतिरिक्त स्थान की आवश्यकता हो तो पृष्ठ के दूसरे ओर लिखिये।

(SEE LAST PAGE FOR INSTRUCTIONS IN ENGLISH)

1. What is happening ? चित्र में क्या हो रहा है ?

2. What has led up to this situation ? इससे पहले क्या हुआ हो सकता है ?

3. What is being thought ? क्या सोचा जा रहा है ?

4. What will be done ? क्या कार्य किये जाने की सम्भावना है ?

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4. What will be done ? क्या कार्य किये जाने की सम्भावना है ?

INSTRUCTIONS

This is a test of your creative imagination or story telling. A number of pictures will be shown to you. You will have twenty seconds to look at the picture and then about four minutes to write a story about it. Please note that there is only one page before you for writing the story for each picture to be shown. The same four questions appear on each page to guide your thinking and to enable you to cover all the elements of a plot within the time allotted. You do not have to answer the questions directly. They are there to help you think up a story. Plan to spend about a minute on each question. I will keep time and let you know when it is about time to go on to the next question for each story. You may go on before I tell you if you wish.

Obviously there are no right or wrong answers, so you may feel free to make up any kind of story you choose. Try to make the stories interesting, for this is a test of your creative imagination. Do not merely describe the picture you see. Tell a story about it. Write as fast as you can, in order to finish in time.

Edwards Personal Preference Schedule

D I R E C T I O N S

This schedule consists of a number of pairs of statements about things that you may or may not like; about ways in which you may or may not feel. Look at the example below.

A I like to talk about myself to others.

B I like to work toward some goal that I have set for myself.

Which of these two statements is more characteristic of what you like? If you like "talking about yourself to others" more than you like "working toward some goal that you have set for yourself", then you should choose A over B. If you like "working toward some goal that you have set for yourself" more than you like "talking about yourself to others", then you should choose B over A.

You may like both A and B. In this case, you would have to choose between the two and you should choose the one that you like better. If you dislike both A and B, then you should choose the one that you dislike less.

Some of the pairs of statements in the schedule have to do with you likes, such as A and B above. Other pairs of statements have to do with how you feel. Look at the example below.

A I feel depressed when I fail at something.

B I feel nervous when giving a talk before a group.

Which of these two statements is more characteristic of how you feel? If "being depressed when you fail at something" is more characteristic of you than "being nervous when giving a talk before a group", then you should choose A over B. If B is more characteristic of you than A, then you should choose B over A.

If both statements describe how you feel, then you should choose the one which you think is more characteristic. If neither statement accurately describes how you feel, then you should choose the one which you consider to be less inaccurate.

Your choice, in each instance, should be in terms of what you like and how you feel at the present time, and not in terms of what you think you should like or how you think you should feel. This is not a test. There are no right or wrong answers. Your choices should be a description of your own personal likes and feelings. Make a choice for every pair of statements; do not skip any.

The pairs of statements on the following pages are similar to the examples given above. Read each pair of statements and pick out the one statement that better describes what you like or how you feel. Make no marks in the booklet. On the separate answer sheet are numbers corresponding to the numbers of the pairs of statements. Check to be sure you are marking for the same item number as the item you are reading in the booklet.

If your answer sheet is printed
in BLACK ink:

For each numbered item draw a circle
around the A or B to indicate the
statement you have chosen.

- 1- A I like to help my friends when they are in trouble.
B I like to do my very best in whatever I undertake
- 2 A I like to find out what great men have thought about various problems in which I am interested.
B I would like to accomplish something of great significance
- 3- A Any written work that I do I like to have precise, neat, and well organized.
B I would like to be a recognized authority in some job, profession, or field of specialization.
- 4- A I like to tell amusing stories and jokes at parties.
B I would like to write a great novel or play.
- 5- A I like to be able to come and go as I want to.
B I like to be able to say that I have done a difficult job well.
- 6- A I like to solve puzzles and problems that other people have difficulty with.
B I like to follow instructions and to do what is expected of me.
- 7- A I like to experience novelty and chance in my daily routine
B I like to tell my superiors that they have done a good job on something, when I think they have.
- 8- A I like to plan and organize the details of any work that I have to undertake.
B I like to follow instructions and to do what is expected of me.
- 9- A I like people to notice and to comment upon my appearance when I am out in public.
B I like to read about the lives of great men.
- 10- A I like to avoid situations where I am expected to do things in a conventional way.
B I like to read about the lives of great men.
- 11- A I would like to be a recognized authority in some job, profession, or field of specialization.
B I like to have my work organized and planned before beginning it.
- 12- A I like to find out what great men have thought about various problems in which I am interested.
B If I have to take a trip, I like to have things planned in advance.
- 13- A I like to finish any job or task that I begin.
B I like to keep my things neat and orderly on my desk or workspace.

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- 14- A I like to tell other people about adventures and strange things that have happened to me.
B I like to have my meals organized and a definite time set aside for eating.
- 15- A I like to be independent of others in deciding what I want to do.
B I like to keep my things neat and orderly on my desk or workspace.
- 16- A I like to be able to do things better than other people can.
B I like to tell amusing stories and jokes at parties.
- 17- A I like to conform to custom and to avoid doing things that people I respect might consider unconventional.
B I like to talk about my achievements.
- 18 A I like to have my life so arranged that it runs smoothly and without much change in my plans.
B I like to tell other people about adventures and strange things that have happened to me.
- 19- A I like to read books and plays in which sex plays a major part.
B I like to be the center of attention in a group.
- 20- A I like to criticize people who are in a position of authority.
B I like to use words which other people often do not know the meaning of.
- 21- A I like to accomplish tasks that others recognize as requiring skill and effort.
B I like to be able to come and go as I want to.
- 22- A I like to praise someone I admire.
B I like to feel free to do what I want to do.
- 23- A I like to keep my letters, bills, and other papers neatly arranged and filed according to some system.
B I like to be independent of others in deciding what I want to do.
- 24- A I like to ask questions which I know no one will be able to answer.
B I like to criticize people who are in a position of authority.
- 25- A I get so angry that I feel like throwing and breaking things.
B I like to avoid responsibilities and obligations.
- 26- A I like to be successful in things undertaken.
B I like to form new friendships.

- 27 A I like to follow instructions and to do what is expected of me.
B I like to have strong attachments with my friends.
- 28 A Any written work that I do I like to have precise, neat, and well organized.
B I like to make as many friends as I can.
- 29 A I like to tell amusing stories and jokes at parties.
B I like to write letters to my friends.
- 30 A I like to be able to come and go as I want to.
B I like to share things with my friends.
- 31 A I like to solve puzzles and problems that other people have difficulty with.
B I like to judge people by why they do something-not by what they actually do.
- 32 A I like to accept the leadership of people I admire.
B I like to understand how my friends feel about various problems they have to face.
- 33- A I like to have my meals organized and a definite time set aside for eating.
B I like to study and to analyze the behaviour of others.
- 34 A I like to say things that are regarded as witty and clever by other people.
B I like to put myself in someone else's place and to imagine how I would feel in the same situation.
- 35 B I like to feel free to do what I want to do.
B I like to observe how another individual feels in a given situation.
- 36 A I like to accomplish tasks that others recognize as requiring skill and effort.
B I like my friends to encourage me when I meet with failure.
- 37- A When planning something I like to get suggestions from other people whose opinions I respect.
B I like my friends to treat me kindly.
- 38 A I like to have my life so arranged that it runs smoothly and without much change in my plans.
B I like my friends to feel sorry for me when I am sick.
- 39 A I like to be the center of attention in a group.
B I like my friends to make a fuss over me when I am hurt or sick.

- 40- A I like to avoid situations where I am expected to do things in a conventional way.
B I like my friends to sympathize with me and to cheer me up when I am depressed.
- 41- A I would like to write a great novel or play.
B When serving on a committee, I like to be appointed or elected chairman.
- 42- A When I am in a group, I like to accept the leadership of someone else in deciding what the group is going to do.
B I like to supervise and to direct the actions of other people whenever I can.
- 43- A I like to keep my letters, bills, and other papers neatly arranged and filed according to some system.
B I like to be one of the leaders in the organizations and groups to which I belong.
- 44- A I like to ask questions which I know no one will be able to answer.
B I like to tell other people how to do their jobs.
- 45- A I like to avoid responsibilities and obligations.
B I like to be called upon to settle arguments and disputes between others.
- 46- A I would like to be a recognized authority in some job, profession, or field of specialization.
B I feel guilty whenever I have done something I know is wrong.
- 47- A I like to read about the lives of great men.
B I feel that I should confess the things that I have done that I regard as wrong.
- 48- A I like to plan and organize the details of any work that I have to undertake.
B When things go wrong for me, I feel that I am more to blame than anyone else.
- 49- A I like to use words which other people often do not know the meaning of.
B I feel that I am inferior to others in most respects.
- 50- A I like to criticize people who are in a position of authority.
B I feel timid in the presence of other people I regard as my superiors.
- 51- A I like to do my very best in whatever I undertake.
B I like to help other people who are less fortunate than I am.

- 52- A I like to find out what great men have thought about various problems in which I am interested.
B I like to be generous with my friends.
- 53- A I like to make a plan before starting in to do something difficult.
B I like to do small favors for my friends.
- 54- A I like to tell other people about adventures and strange things that have happened to me.
B I like my friends to confide in me and to tell me their troubles.
- 55- A I like to say what I think about things.
B I like to forgive my friends who may sometimes hurt me.
- 56- A I like to be able to do things better than other people can.
B I like to eat in new and strange restaurants.
- 57- A I like to conform to custom and to avoid doing things that people I respect might consider unconventional.
B I like to participate in new fads and fashions.
- 58- A I like to have my work organized and planned before beginning it.
B I like to travel and to see the country.
- 59- A I like people to notice and to comment upon my appearance when I am out in public.
B I like to move about the country and to live in different places.
- 60- A I like to be independent of others in deciding what I want to do.
B I like to do new and different things.
- 61- A I like to be able to say that I have done a difficult job well.
B I like to work hard at any job I undertake.
- 62- A I like to tell my superiors that they have done a good job on something, when I think they have.
B I like to complete a single job or task at a time before taking on others.
- 63- A If I have to take a trip, I like to have things planned in advance.
B I like to keep working at a puzzle or problem until it is solved.

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- 64- A I sometimes like to do things just to see what effect it will have on others.
B I like to stick at a job or problem even when it may seem as if I am not getting anywhere with it.
- 65- A I like to do things that other people regard as unconventional.
B I like to put in long hours of work without being distracted.
- 66- A I would like to accomplish something of great significance.
B I like to kiss attractive persons of the opposite sex.
- 67- A I like to praise someone I admire.
B I like to be regarded as physically attractive by those of the opposite sex.
- 68- A I like to keep my things neat and orderly on my desk or workspace.
B I like to be in love with someone of the opposite sex.
- 69- A I like to talk about my achievements.
B I like to listen to or to tell jokes in which sex plays a major part.
- 70- A I like to do things in my own way and without regard to what others may think.
B I like to read books and plays in which sex plays a major part.
- 71 A I would like to write a great novel or play.
B I like to attack points of view that are contrary to mine.
- 72- A When I am in a group, I like to accept the leadership of someone else in deciding what the group is going to do.
B I feel like criticizing someone publicly if he deserves it.
- 73- A I like to have my life so arranged that it runs smoothly and without much change in my plans.
B I get so angry that I feel like throwing and breaking things.
- 74- A I like to ask questions which I know no one will be able to answer.
B I like to tell other people what I think of them.
- 75- A I like to avoid responsibilities and obligations.
B I feel like making fun of people who do things that I regard as stupid.
- 76- A I like to be loyal to my friends.
B I like to do my very best in whatever I undertake.

- 77- A I like to observe how another individual feels in a given situation.
B I like to be able to say that I have done a difficult job well.
- 78- A I like my friends to encourage me when I meet with failure.
B I like to be successful in things undertaken.
- 79- A I like to be one of the leaders in the organizations and groups to which I belong.
B I like to be able to do things better than other people can.
- 80- A When things go wrong for me, I feel that I am more to blame than anyone else.
B I like to solve puzzles and problems that other people have difficulty with.
- 81- A I like to do things for my friends.
B When planning something, I like to get suggestions from other people whose opinions I respect.
- 82- A I like to put myself in someone else's place and to imagine how I would feel in the same situation.
B I like to tell my superiors that they have done a good job on something, when I think they have.
- 83- A I like my friends to be sympathetic and understanding when I have problems.
B I like to accept the leadership of people I admire.
- 84- A When serving on a committee, I like to be appointed or elected chairman.
- 85- B When I am in a group, I like to accept the leadership of someone else in deciding what the group is going to do.
- 85- A If I do something that is wrong, I feel that I should be punished for it.
B I like to conform to custom and to avoid doing things that people I respect might consider unconventional.
- 86- A I like to share things with my friends.
B I like to make a plan before starting in to do something difficult.
- 87- A I like to understand how my friends feel about various problems they have to face.
B If I have to make a trip, I like to have things planned in advance.
- 88- A I like my friends to treat me kindly.
B I like to have my work organized and planned before beginning

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- 89- A I like to be regarded by others as a leader.
B I like to keep my letters, bills and other papers neatly arranged and filed according to some system.
- 90- A I feel that the pain and misery that I have suffered has done me more good than harm.
B I like to have my life so arranged that it runs smoothly and without much change in my plans.
- 91- A I like to have strong attachments with my friends.
B I like to say things that are regarded as witty and clever by other people.
- 92- A I like to think about the personalities of my friends and to try to figure out what makes them as they are.
B I sometimes like to do things just to see what effect it will have on others.
- 93- A I like my friends to make a fuss over me when I am hurt or sick.
B I like to talk about my achievements.
- 94- A I like to tell other people how to do their jobs.
B I like to be the center of attention in a group.
- 95- A I feel timid in the presence of other people I regard as my superiors.
B I like to use words which other people often do not know the meaning of.
- 96- A I like to do things with my friends rather than by myself.
B I like to say what I think about things.
- 97- A I like to study and to analyze the behaviour of others.
B I like to do things that other people regard as unconventional.
- 98- A I like my friends to feel sorry for me when I am sick.
B I like to avoid situations where I am expected to do things in a conventional way.
- 99- A I like to supervise and to direct the actions of other people whenever I can.
B I like to do things in my own way without regard to what others may think.
- 100- A I feel that I am inferior to others in most respects.
B I like to avoid responsibilities and obligations.
- 101- A I like to be successful in things undertaken.
B I like to form new friendships.
- 102- A I like to analyze my own motives and feelings.
B I like to make as many friends as I can.
- 103- A I like my friends to help me when I am in trouble.
B I like to do things for my friends.
- 104- A I like to argue for my point of view when it is attacked by others
B I like to write letters to my friends.
- 105- A I feel guilty whenever I have done something I know is wrong.
B I like to have strong attachments with my friends.

- 106- A I like to share things with my friends.
B I like to analyze my own motives and feelings.
- 107- A I like to accept the leadership of people I admire.
B I like to understand how my friends feel about various problems they have to face.
- 108- A I like my friends to do many small favors for me cheerfully.
B I like to judge people by why they do something- not by what they actually do.
- 109- A When with a group of people, I like to make the decisions about what we are going to do.
B I like to predict how my friends will act in various situations.
- 110- A I feel better when I give in and avoid a fight, than I would if I tried to have my own way.
B I like to analyze the feelings and motives of others.
- 111- A I like to form new friendships.
B I like my friends to help me when I am in trouble.
- 112- A I like to judge people by why they do something-not by what they actually do.
B I like my friends to show a great deal of affection toward me.
- 113- A I like to have my life so arranged that it runs smoothly and without much change in my plans.
B I like my friends to feel sorry for me when I am sick.
- 114- A I like to be called upon to settle arguments and disputes between others.
B I like my friends to do many small favors for me cheerfully.
- 115- A I feel that I should confess the things that I have done that I regard as wrong.
B I like my friends to sympathize with me and to cheer me up when I am depressed.
- 116- A I like to do things with my friends rather than by myself.
B I like to argue for my point of view when it is attacked by others.
- 117- A I like to think about the personalities of my friends and to try to figure out what makes them as they are.
B I like to be able to persuade and influence others to do what I want to do.
- 118- A I like my friends to sympathize with me and to cheer me up when I am depressed.
B When with a group of people, I like to make the decisions about what we are going to do.
- 119- A I like to ask questions which I know no one will be able to answer.
B I like to tell other people how to do their jobs.
B
- 120- A I feel timid in the presence of other people I regard as my superiors.
B I like to supervise and to direct the actions of other people whenever I can.

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- 121- A I like to participate in groups in which the members have warm and friendly feelings toward one another.
B I feel guilty whenever I have done something I know is wrong.
- 122- A I like to analyze the feelings and motives of others.
B I feel depressed by my own inability to handle various situations.
- 123- A I like my friends to feel sorry for me when I am sick.
B I feel better when I give in and avoid a fight, than I would if I tried to have my own way.
- 124- A I like to be able to persuade and influence others to do what I want.
B I feel depressed by my own inability to handle various situations.
- 125- A I like to criticize people who are in a position of authority.
B I feel timid in the presence of other people I regard as my superiors.
- 126- A I like to participate in groups in which the members have warm and friendly feelings toward one another.
B I like to help my friends when they are in trouble.
- 127- A I like to analyze my own motives and feelings.
B I like to sympathize with my friends when they are hurt or sick.
- 128- A I like my friends to help me when I am in trouble.
B I like to treat other people with kindness and sympathy.
- 129- A I like to be one of the leaders in the organizations and groups to which I belong.
B I like to sympathize with my friends when they are hurt or sick.
- 130- A I feel that the pain and misery that I have suffered has done me more good than harm.
B I like to show a great deal of affection toward my friends.
- 131- A I like to do things with my friends rather than by myself.
B I like to experiment and to try new things.
- 132- A I like to think about the personalities of my friends and to try to figure out what makes them as they are.
B I like to try new and different jobs-rather than to continue doing the same old things.
- 133- A I like my friends to be sympathetic and understanding when I have problems.
B I like to meet new people.
- 134- A I like to argue for my point of view when it is attacked by others.
B I like to experience novelty and change in my daily routine.
- 135- A I feel better when I give in and avoid a fight, than I would if I tried to have my own way.
B I like to move about the country and to live in different places.
- 136- A I like to do things for my friends.
B When I have some assignment to do, I like to start in and keep working on it until it is completed.

- 137- A I like to analyze the feelings and motives of others.
B I like to avoid being interrupted while at my work.
- 138- A I like my friends to do many small favors for me cheerfully.
B I like to stay up late working in order to get a job done.
- 139- A I like to be regarded by others as a leader.
B I like to put in long hours of work without being distracted.
- 140- A If I do something that is wrong, I feel that I should be punished for it.
B I like to stick at a job or problem even when it may seem as if I am not getting anywhere with it.
- 141- A I like to be loyal to my friends.
B I like to go out with attractive persons of the opposite sex.
- 142- A I like to predict how my friends will act in various situations.
B I like to participate in discussions about sex and sexual activities.
- 143- A I like my friends to show a great deal of affection toward me.
B I like to become sexually excited.
- 144- A When with a group of people, I like to make the decisions about what we are going to do.
B I like to engage in social activities with persons of the opposite sex.
- 145- A I feel depressed by my own inability to handle various situations.
B I like to read books and plays in which sex plays a major part.
- 146- A I like to write letters to my friends.
B I like to read newspaper accounts of murders and other forms of violence.
- 147- A I like to predict how my friends will act in various situations.
B I like to attack points of view that are contrary to mine.
- 148- A I like my friends to make a fuss over me when I am hurt or sick.
B I feel like blaming others when things go wrong for me.
- 149- A I like to tell other people how to do their jobs.
B I feel like getting revenge when someone has insulted me.
- 150- A I feel that I am inferior to others in most respects.
B I feel like telling other people off when I disagree with them.
- 151- A I like to help my friends when they are in trouble.
B I like to do my very best in whatever I undertake.
- 152- A I like to travel and to see the country.
B I like to accomplish tasks that others recognize as requiring skill and effort.

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- 153- A I like to work hard at any job I undertake.
B I would like to accomplish something of great significance.
- 154- A I like to go out with attractive persons of the opposite sex.
B I like to be successful in things undertaken.
- 155- A I like to read newspaper accounts of murders and other forms of violence.
B I would like to write a great novel or play.
- 156- A I like to do small favors for my friends.
B When planning something, I like to get suggestions from other people whose opinions I respect.
- 157- A I like to experience novelty and change in my daily routine.
B I like to tell my superiors that they have done a good job on something, when I think they have.
- 158- A I like to stay up late working in order to get a job done.
B I like to praise someone I admire.
- 159- A I like to become sexually excited.
B I like to accept the leadership of people I admire.
- 160- A I feel like getting revenge when someone has insulted me.
B When I am in a group, I like to accept the leadership of someone else in deciding what the group is going to do.
- 161- A I like to be generous with my friends.
B I like to make a plan before starting in to do something difficult.
- 162- A I like to meet new people.
B Any written work that I do I like to have precise, neat and well organized.
- 163- A I like to finish any job or task that I begin.
B I like to keep my things neat and orderly on my desk or workspace.
- 164- A I like to be regarded as physically attractive by those of the opposite sex.
B I like to plan and organize the details of any work that I have to undertake.
- 165- A I like to tell other people what I think of them.
B I like to have my meals organized and a definite time set aside for eating.
- 166- A I like to show a great deal of affection toward my friends.
B I like to say things that are regarded as witty and clever by other people.
- 167- A I like to try new and different jobs-rather than to continue doing the same old things.
B I sometimes like to do things just to see what effect it will have on others.
- 168- A I like to stick at a job or problem even when it may seem as if I am not getting anywhere with it.
B I like people to notice and to comment upon my appearance when I am out in public.

- 169- A I like to read books and plays in which sex plays a major part.
B I like to be the center of attention in a group.
- 170- A I feel like blaming others when things go wrong for me.
B I like to ask questions which I know no one will be able to answer.
- 171- A I like to sympathize with my friends when they are hurt or sick.
B I like to say what I think about things.
- 172- A I like to eat in new and strange restaurants.
B I like to do things that other people regard as unconventional.
- 173- AA I like to complete a single job or task at a time before taking on others.
B I like to feel free to do what I want to do.
- 174- A I like to participate in discussions about sex and sexual activities.
B I like to do things in my own way without regard to what others may think.
- 175- A I get so angry that I feel like throwing and breaking things.
B I like to avoid responsibilities and obligations.
- 176- A I like to help my friends when they are in trouble.
B I like to be loyal to my friends.
- 177- A I like to do new and different things.
B I like to form new friendships.
- 178- A When I have some assignment to do, I like to start in and keep working on it until it is completed.
B I like to participate in groups in which the members have warm and friendly feelings toward one another.
- 179- A I like to go out with attractive persons of the opposite sex.
B I like to make as many friends as I can.
- 180- A I like to attack points of view that are contrary to mine.
B I like to write letters to my friends.
- 181- A I like to be generous with my friends.
B I like to observe how another individual feels in a given situation.
- 182- A I like to eat in new and strange restaurants.
B I like to put myself in someone else's place and to imagine how I would feel in the same situation.
- 183- A I like to stay up late working in order to get a job done.
B I like to understand how my friends feel about various problems they have to face.
- 184- A I like to become sexually excited.
B I like to study and to analyze the behaviour of others.
- 185- A I feel like making fun of people who do things that I regard as stupid.
B I like to predict how my friends will act in various situations.

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- 186- A I like to forgive my friends who may sometimes hurt me.
B I like my friends to encourage me when I meet with failure.
- 187 A I like to experiment and to try new things.
B I like my friends to be sympathetic and understanding when I have problems.
- 188 A I like to keep working at a puzzle or problem until it is solved.
B I like my friends to treat me kindly.
- 189- A I like to be regarded as physically attractive by those of the opposite sex.
B I like my friends to show a great deal of affection toward me.
- 190- A I feel like criticizing someone publicly if he deserves it.
B I like my friends to make a fuss over me when I am hurt or sick.
- 191- A I like to show a great deal of affection toward my friends.
B I like to be regarded by others as a leader.
- 192- A I like to try new and different jobs-rather than to continue doing the same old things.
B When serving on a committee, I like to be appointed or elected chairman.
- 193- A I like to finish any job or task that I begin.
B I like to be able to persuade and influence others to do what I want.
- 194- A I like to participate in discussions about sex and sexual activities.
B I like to be called upon to settle arguments and disputes between others.
- 195 A I get so angry that I feel like throwing and breaking things.
B I like to tell other people how to do their jobs.
- 196- A I like to show a great deal of affection toward my friends.
B When things go wrong for me, I feel that I am more to blame than anyone else.
- 197- A I like to move about the country and to live in different places.
B If I do something that is wrong, I feel that I should be punished for it.
- 198- A I like to stick at a job or problem even when it may seem as if I am not getting anywhere with it.
B I feel that the pain and misery that I have suffered has done me more good than harm.
- 199- A I like to read books and plays in which sex plays a major part.
B I feel that I should confess the things that I have done that I regard as wrong.
- 200- A I feel like blaming others when things go wrong for me.
B I feel that I am inferior to others in most respects.

- 201- A I like to do my very best in whatever I undertake.
B I like to help other people who are less fortunate than I am.
- 202- A I like to do new and different things.
B I like to treat other people with kindness and sympathy.
- 203- A When I have some assignment to do, I like to start in and keep working on it until it is completed.
B I like to help other people who are less fortunate than I am.
- 204- A I like to engage in social activities with persons of the opposite sex.
B I like to forgive my friends who may sometimes hurt me.
- 205- A I like to attract points of view that are contrary to mine.
B I like my friends to confide in me and to tell me their troubles.
- 206- A I like to treat other people with kindness and sympathy.
B I like to travel and to see the country.
- 207- A I like to conform to custom and to avoid doing things that people I respect might consider unconventional.
B I like to participate in new fads and fashions.
- 208- A I like to work hard at any job I undertake.
B I like to experience novelty and change in my daily routine.
- 209- A I like to kiss attractive persons of the opposite sex.
B I like to experiment and to try new things.
- 210- A I feel like telling other people off when I disagree with them.
B I like to participate in new fads and fashions.
- 211- A I like to help other people who are less fortunate than I am.
B I like to move about the country and to live in different places.
- 212- A I like to move about the country and to live in different places.
B I like to put in long hours of work without being distracted.
- 213- A If I have to take a trip, I like to have things planned in advance.
B I like to keep working at a puzzle or problem until it is solved.
- 214- A I like to be in love with someone of the opposite sex.
B I like to complete a single job or task before taking on others.
- 216- A I like to tell other people what I think of them.
B I like to avoid being interrupted while at my work.
- 216- A I like to do small favors for my friends.
B I like to engage in social activities with persons of the opposite sex.

- 217- A I like to meet new people.
B I like to kiss attractive persons of the opposite sex.
- 218- A I like to keep working at a puzzle or problem until it
is solved.
B I like to be in love with someone of the opposite sex.
- 219- A I like to talk about my achievements.
B I like to listen to or to tell jokes in which sex plays
a major part.
- 220- A I feel like making fun of people who do things that I
regard as stupid.
B I like to listen to or to tell jokes in which sex plays
a major part.
- 221- A I like my friends to confide in me and to tell me their
troubles.
B I like to read newspaper accounts of murders and other
forms of violence.
- 222- A I like to participate in new fads and fashions.
B I feel like criticizing someone publicly if he deserves it.
- 223- A I like to avoid being interrupted while at my work.
B I feel like telling other people off when I disagree with
them.
- 224- A I like to listen to or to tell jokes in which sex plays
a major part.
B I feel like getting revenge when someone has insulted me.
- 225- A I like to avoid responsibilities and obligations.
B I feel like making fun of people who do things that
I regard as stupid.

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SELF-REPORT INVENTORY
Form R-4-Adult
Oliver H. Bown
THE UNIVERSITY OF TEXAS AT AUSTIN

Name _____ Sex _____
(Print) Last First Middle

Marital Status _____ Occupation _____

Education: 8th or less; 12th or less; College - 1,2,3,4,5,6
(circle highest grade completed)

Age : Below 18; 18-22; 23-30; 31-40; 41-50; 51-60; over 60
(circle)

Date _____

After filling in the information requested above, please
turn immediately to page 4 and read directions carefully.

This form was adapted from an instrument developed and
refined under the auspices of the Mental Health in Teacher
Education Demonstration-Research Project supported by the
National Institute of Mental Health (Grant 2M-6635) and The
University of Texas at Austin.

	Like me			Unlike me	
	A	B	C	D	E
1. The way I get along with my friends is extremely important to me.	A	B	C	D	E
2. I resist getting down to work and often have to drive myself to get it done.	A	B	C	D	E
3. In their relationship with me, my parents were always basically kind, considerate and understanding.	A	B	C	D	E
4. I really look forward to the opportunities afforded by my life's work.	A	B	C	D	E
5. I have almost always resented people who were in a position to tell me what to do.	A	B	C	D	E
6. I'm very comfortable and happy when I am with children.	A	B	C	D	E
7. I don't seem to have very much basic respect for myself.	A	B	C	D	E
8. I live in accordance with the idea that "It is better to have loved and lost than never to have loved at all."	A	B	C	D	E
9. In the past, I have usually avoided working any harder than was necessary to get by.	A	B	C	D	E
10. I look forward to living and working with other people as an important and influential part of their lives.	A	B	C	D	E
11. Very often I have envied other people who have had so much more fun with their parents than I.	A	B	C	D	E
12. Looking ahead, I feel confident that I'll be successfully engaged in what I'm really cut out to do.	A	B	C	D	E
13. I feel uncomfortable and artificial in the presence of people who are a good deal older than I.	A	B	C	D	E
14. It has always been easy for me to express affection toward young children.	A	B	C	D	E

S O C A W R P H T

	Like me			Unlike me	
15. I feel sour and pessimistic about life in general.	A	B	C	D	E
16. One thing I just can't stand is uncertainty.	A	B	C	D	E
17. I used to wish very often that my parents and I could be much closer.	A	B	C	D	E
18. I really dread the thought of settling down to a lifetime of hard, steady work and increased responsibility.	A	B	C	D	E
19. I am able to relate to children quite easily, and this is very important to me.	A	B	C	D	E
20. Thinking back, in a good many ways I don't think I have liked myself very well.	A	B	C	D	E
21. One of the most important things to me about any job I hold is having a good relationship with my boss.	A	B	C	D	E
22. The idea of death has always made me feel uneasy, helpless and a little futile.	A	B	C	D	E
23. I like people very much.	A	B	C	D	E
24. I have always maintained a good healthy balance between work and play.	A	B	C	D	E
25. I don't think that I am the kind of person who would get much real satisfaction out of working or being young children.	A	B	C	D	E
26. In almost every respect, I'm very glad to be the person I am.	A	B	C	D	E
27. My parents and I may have gotten along all right on the surface, but down deep I wonder if we even knew each other.	A	B	C	D	E
28. While I can't prove it, I'm willing to bet that I'm going to become a more and more happy and significant person.	A	B	C	D	E
29. I do my work just to get it over with rather than because I get real satisfaction from doing it.	A	B	C	D	E
30. I've always been fascinated with getting to know people whether they were good, bad, or indifferent.	A	B	C	D	E

	Like me			Unlike me	
	A	B	C	D	E
31. I have resented very much having to do things that were expected of me.	A	B	C	D	E
32. I feel that satisfaction and dissatisfaction, joy and suffering, life and death are all meaningful parts of a process which I may not fully understand but by which I am deeply moved.	A	B	C	D	E
33. When I think about the kind of person that I have been in the past, it doesn't make me feel very happy or proud.	A	B	C	D	E
34. I really enjoy getting to know people who are in positions of authority.	A	B	C	D	E
35. I used to regard young children as a pain in the neck.	A	B	C	D	E
36. I'm quite consistent in tackling the work I need to do rather than putting it off until the last minute.	A	B	C	D	E
37. The fact that the people whom I love most will someday die will always seem to me to be cruel and unfair.	A	B	C	D	E
38. People have not been as important to me as they are to most others in determining how satisfied and secure I have felt.	A	B	C	D	E
39. I feel confident that in the really important ways, I will be a good parent.	A	B	C	D	E
40. Doing a good job in anything that I undertake is very important to my sense of well-being.	A	B	C	D	E
41. My parents and I have had a great deal of mutual respect, faith, and confidence in one another.	A	B	C	D	E
42. I'd give a good deal to be very different than I am.	A	B	C	D	E
43. I think I will always have close, rich, full relationships with a good many people.	A	B	C	D	E
44. I suppose there will always be someone to whom I will be responsible in one way or another, but I don't expect that I will ever like it.	A	B	C	D	E

	Like me			Unlike me	
	A	B	C	D	E
45. I have always been very fond of younger children.					
46. I am very happy with the relationship I developed with my parents.					
47. I don't really expect that I will ever be close friends with many people my own age.					
48. The sheer Joy of being alive has often been a compelling force in my life.					

DIRECTIONS

Please print your name and provide the other information requested on the cover of this booklet.

On pages 2 and 3, there are forty-eight statements which express various ideas, feelings, and reactions. You are asked to rate each statement in accordance with how well it express your own thoughts or feelings. There are no right or wrong answers. The usefulness of the instrument depends entirely on the extent to which you indicate how you actually think or feel rather than how you would like to feel or how you think you should feel. This inventory is being administered for research purposes, and your individual responses will be held in strict confidence.

Please record your rating of each item by placing an X in one of the boxes following each statement. There are five alternative responses indicating the extent to which the statement express what you actually think or feel:

The statement expresses :

- A. Exactly what I think or feel or what I think or feel almost all the time.
- B. Primarily what I think or feel or what I think or feel most of the time.
- C. Something about which I do not particularly think or feel one way or the other or something I think or feel about half the time.
- D. Something which is almost the opposite of what I think or feel or something which I think or feel very seldom.
- E. Exactly what I do not think or feel or what I think or feel almost never.

Please work rapidly and use your first impression as a basis for your response. Do not omit any item.

(CONFIDENTIAL)

SINHA ANXIETY SCALE
Sinha W.A. Self-Analysis Form

Constructed and Standardized

by

D.Sinha
Professor & Head of the Deptt.
of Psychology
University of Allahabad
Allahabad

The examinee has to fill in the following information

Name _____ Age _____ Year _____ Month _____
Married/Unmarried/M/F.
Class _____ School(or College or education) _____
Father(or Guradian's) occupation _____
Joint Family Income _____

INSTRUCTIONS

This form contains a number of statements dealing with certain samples of behaviour and situations that most people experience at one time or another. Please read each statement carefully and see if it applies to your usual mode of behaving. That is, you have to decide if each statement as a sample of behaviour is TRUE as applied to you, or FALSE as applied to you.

Against each statement you will find "T" and "F" (denoting True and False). If a statement is TRUE or MOSTLY TRUE as applied to your behaviour, underline "T". If a statement is FALSE or MOSTLY FALSE as applied to you, underline "F" against the appropriate number of the statement.

For Example:-

1. I dislike being lonely T F

If the above statement is True or mostly true as applied to your mode of behaving, i.e., if you do not like being lonely, you underline "T" in the manner done above. In case you are not bothered by loneliness, you should underline "F". Remember, you have to indicate your own opinion about yourself. In this way you have to respond for all the statements.

Published by

RUPA PSYCHOLOGICAL CENTRE

B. 19/60 B, Deoriabir Ehelupur,
Varanasi

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ANSWER QUICKLY

Do not leave out any statement
unanswered

Serial No.	Statement	Please Underline	
1.	I feel uncomfortable on a conveyance which is driven at a fast speed	T	F
2.	I am often upset even by the slightest noise	T	F
3.	When I meet a member of the opposite sex (girl or boy, as the case may be), I feel somewhat uneasy.	T	F
4.	When I go out of my house, I sometimes suspect that I have not locked my door or my trunk.	T	F
5.	I often feel uneasy that others may make fun of me.	T	F
6.	I sometimes suspect that some friends of mine may reveal my secrets.	T	F
7.	Often I experience a sense of guilt without any cause.	T	F
8.	I sometimes bite my nails.	T	F
9.	I often have the foreboding that some misfortune or bad luck may befall me.	T	F
10.	I sweat very easily even on cool days.	T	F
11.	I always have bad and fearful dreams.	T	F
12.	I am sometimes sorry that I may become impotent.	T	F
13.	I am sometimes disturbed by the thought that I may not be able to make good progress in my work.	T	F
14.	Criticism upsets me greatly.	T	F
15.	Sometimes, I get such an intense feeling of shame that I feel like getting far away from society.	T	F

4

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|-----|---|----|---|
| 16. | I feel uncomfortable if someone talks of my mistakes in the presence of others. | T | F |
| 17. | I rarely drink water outside for fear that it may contain disease-germs. | T | F |
| 18. | Sometimes I feel unhappy without any apparent cause. | T | F |
| 19. | I often feel that I am being ignored by others. | T | F |
| 20. | I am easily embarrassed. | T | F |
| 21. | I often find it hard to concentrate or keep my mind on one job or work. | T. | F |
| 22. | I often feel sick in my stomach. | T | F |
| 23. | My hands tremble or shake when I try to do some work. | T | F |
| 24. | I sometimes fear that I may look awkward in my new dress. | T | F |
| 25. | I often feel disturbed that I am going to blush. | T | F |
| 26. | I often feel my heart beating fast. | T | F |
| 27. | I am a little more nervous than others. | T | F |
| 28. | I feel like crying quite easily. | T | F |
| 29. | At times I lose sleep over worry. | T | F |
| 30. | I feel uneasy when I have to meet my superiors (teachers, boss, etc.). | T. | F |
| 31. | At times I get very restless. | T | F |
| 32. | Often I feel ashamed even at the faults of others. | T | F |
| 33. | I am often short of breath when engaged in quick work. | T | F |
| 34. | It is under great deal of strain that I do my work. | T | F |
| 35. | I often feel that I am not wanted at all by anyone. | T | F |

5

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|-----|---|---|---|
| 36. | I tend to tremble or perspire when I face a difficult task ahead. | T | F |
| 37. | Sometimes I dream that I have been taken ill seriously. | T | F |
| 38. | I often dream about things I do not like to tell other people. | T | F |
| 39. | If I have to wait for something, I feel uneasy. | T | F |
| 40. | My feelings get hurt quite easily. | T | F |
| 41. | I often worry about something or other. | T | F |
| 42. | I have great deal of stomach trouble. | T | F |
| 43. | I have good deal of difficulty in coming to a decision. | T | F |
| 44. | I have at times been very worried about things which did not really matter. | T | F |
| 45. | I often fear that I may lose my friends. | T | F |
| 46. | Sometimes I get so excited that I cannot speak clearly. | T | F |
| 47. | I am more self-conscious than others. | T | F |
| 48. | I often find life to be something of a strain. | T | F |
| 49. | I am not at all confident about myself. | T | F |
| 50. | It is at times difficult for me to maintain mental balance. | T | F |
| 51. | When I wake up due to a bad dream, I find it difficult to sleep again. | T | F |
| 52. | Sometimes I get feelings of shame or remorse even on small matters. | T | F |
| 53. | I feel nervous when I have to meet a person I have not known before. | T | F |
| 54. | My sleep is usually restless and disturbed. | T | F |
| 55. | Sometimes I have the feeling that I cannot face the society. | T | F |

6

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|-----|---|---|---|
| 56. | When two or more people are talking in whispers I often have the feeling that they are talking about me. | T | F |
| 57. | If I make an awkward social mistake, I feel difficult to forget it. | T | F |
| 58. | I often feel somewhat ashamed when I think of past events of my life. | T | F |
| 59. | Sometimes I feel disturbed that my children will not respect me when I grow old. | T | F |
| 60. | I feel a little worried when I have to start on a journey. | T | F |
| 61. | I dislike facing situations where I am required to make quick decisions. | T | F |
| 62. | I often worry that my appearance is not attractive. | T | F |
| 63. | I sometimes feel that I am getting old too soon. | T | F |
| 64. | I feel uneasy when I have to consult a doctor or a surgeon. | T | F |
| 65. | I sometimes suspect that my friends may let me down. | T | F |
| 66. | When I do something new, I feel disturbed whether others would approve of it or not. | T | F |
| 67. | I have often been worried about my health. | T | F |
| 68. | Even when I am in a group, I often get the feelings of being lonely. | T | F |
| 69. | When I am waiting for someone who has promised to come at a particular time I often feel that he may not turn up. | T | F |
| 70. | Sometimes I feel anxious due to causes I am not clearly aware of. | T | F |
| 71. | Many a time I have a feeling of being confused. | T | F |
| 72. | Quite often I am unable to decide what course of action is good for me. | T | F |

7

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|-----|---|---|---|
| 73. | I am frequently uncertain about myself. | T | F |
| 74. | Sometimes I get the feeling that I am worthless as a person. | T | F |
| 75. | I often get the feeling that this world and human existence is meaningless. | T | F |
| 76. | I seldom can begin any work because of the thought that I may fail in it. | T | F |
| 77. | I often dream of death of some near and dear ones. | T | F |
| 78. | I feel tired very quickly. | T | F |
| 79. | I get sweat in my palm frequently. | T | F |
| 80. | I dislike talking before a group of people for fear that they may mock at what I say. | T | F |
| 81. | I often have the feeling that some calamity will befall me. | T | F |
| 82. | I sometimes get the feeling that people do not like me. | T | F |
| 83. | I often worry as to what my Fate has in store for me. | T | F |
| 84. | I often blamed for the doings of others. | T | F |
| 85. | I often worry over petty things. | T | F |
| 86. | I often get perturbed at the thought that I may not fulfil my promise. | T | F |
| 87. | I get over-excited in a difficult situation. | T | F |
| 88. | I feel hungry almost all the time. | T | F |
| 89. | I am often worry that I may get involved in some troubles in future. | T | F |
| 90. | I feel disturbed at the thought that in the age my health may breakdown. | T | F |
| 91. | The thought that some death or tragedy may befall my family disturbs me. | T | F |

8

92. I often feel worried that I may be discharged from my job. T F
93. At times I get so excited that it is hard to get any sleep. T F
94. I feel disturbed at the thought that one day I shall also grow old. T F
95. I can seldom hide any excitement. T F
96. I tend to stammer when I have to talk to members of the opposite sex. T F
97. I often wonder if my friends will respect me when I am old. T F
98. I feel disturbed that I may lose my physical capacities in old age. T F
99. I often worry that in my anger I may one day kill someone or harm him grievously. T F
100. I often worry as to what will happen to my family after I die. T F

ONLY FOR EXAMINER							
PAGE	1	2	3	4	5	6	7 8 Total
SCORES							

STANDARD PROGRESSIVE MATRICES (SETS A, B, C, D & E)

Name..... Roll No.....

Age..... Date.....

..... Date of Birth

Test begun..... Test ended

A		B		C		D		E
.....	1	1	1	1
.....	2	2	2	2
.....	3	3	3	3
.....	4	4	4	4
.....	5	5	5	5
.....	6	6	6	6
.....	7	7	7	7
.....	8	8	8	8
.....	9	9	9	9
.....	10	10	10	10
.....	11	11	11	11
.....	12	12	12	12

NOTES	Time	Total	Grade	Result
.....	00	00
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INVESTIGATOR

ANXIETY SCALE

Answer Sheet

1	21	41	61	81
2	22	42	62	82
3	23	43	63	83
4	24	44	64	84
5	25	45	65	85
6	26	46	66	86
7	27	47	67	87
8	28	48	68	88
9	29	49	69	89
10	30	50	70	90
11	31	51	71	91
12	32	52	72	92
13	33	53	73	93
14	34	54	74	94
15	35	55	75	95
16	36	56	76	96
17	37	57	77	97
18	38	58	78	98
19	39	59	79	99
20	40	60	80	100