

BIBLIOGRAPHY

Arya, A. (1984). Emotional maturity and Value of superior children in family. Ph.D. Thesis (ed.) in M.B Buch (ed. 1991). Fourth survey of research in education. NCERT, New Delhi. p.1327

Bernieri, F. (2001). Interpersonal Sensitivity. Lawrence Erlbaum and Associates, U.S.A.

Butler, B. (1994) . Emotion theory and its implication for counseling education. Ed.D. Thesis (ed.), in Dissertation Abstracts International, 55, 4.p.866 – A.

Casper, C.M. (2001). From now on with passion: a guide to emotional intelligence. Cypress House, California.

Cooper, R. (1996). Executive E.Q. Orion Books Ltd., London.

Corey, G. (1977). Theory and Practice of counseling and psychotherapy. Brooks/Cole Publishing Company, California.

Damasio,A. (1999). The feeling of what happens : Body and emotion in the making of consciousness. Harcourt Brace and Co.

DeMorat, M. (1998). Emotion socialization in the classroom context : A functionalist analysis. Ph.D. Thesis (ed.), in Dissertaion Abstracts International, 60, 3.p.646 – A.

Dr. Kinder, M. (1994). *Mastering your moods : Recognizing your emotional style and making it work for you*. Simon and Schuster, New York.

Drago, J.M. (2004). *The relationship between emotional intelligence and academic achievement in non traditional college students*. Ph.D. Thesis (ed.), in www.eiconsortium.org

Ekman, P. and Davidson, R. (1994). *Fundamental questions about emotions*. Oxford University Press, New York.

Goleman, D. (1995). *Emotional intelligence*. Bantam Books, New York.

Goleman,D. (1997). *Measuring emotional intelligence*. The Summit publishing Group, Arlington, Texas.

Goleman,D. (1998). *Working with emotional intelligence*. Bantam Books, New York.

Haskett, R.A. (2003). *Emotional intelligence and teaching success in higher education*. Ph.D. Thesis (ed.), in www.eiconsortium.org

Hein, S. (1996). *E.Q. for everybody*. Aristotle Press, Florida.

Hoffman, M.L. (1984). *Empathy, Social cognition and Moral action*. John Wiley and Sons, New York.

Johnston, V.S. (1999). *Why we feel: The science of emotions*. Perseus Books, Massachusetts.

Kaplan, F.B. (2003). *Educating the emotions : Emotional intelligence training for early childhood teachers and care givers*. Ph.D. Thesis (ed.), in www.eiconsortium.org

Kostman, J.T. (2004). *Multi dimensional performance requires multi dimension predictors : Predicting complex job performance using cognitive ability, personality and emotional intelligence assessment instruments as combinational predictors*. Ph.D. Thesis (ed.), in www.eiconsortium.org

Lazarus, R. (1994). *Passion and reason: Making sense of our emotions*. Oxford University Press, New York.

LeDoux, J. (1996). *The emotional brain: The mysterious underpinnings of emotional life*. Touchstone Book, New York. (1998). *Competing models of emotional*

Lopes, P.N. (2004). *Emotional abilities and the quality of interpersonal interaction*. Ph.D. Thesis (ed.), in www.eiconsortium.org

Miles, B.M. and Huberman, A.M. (1994). *Qualitative Data Analysis : An expanded source book 2nd ed*. Sage Publications, Thousand Oaks, California.

Morgan, J. (1991) *Educating the emotions*. Ph.D. Thesis (ed.), in *Dissertation Abstracts International*, 54,4.

Nussbaum, M.C. (2001). *Upheavals of thoughts: intelligence of emotions*. Cambridge University Press, Cambridge, New York.

Ondrejka, D. (1998). *Affective pedagogy in professional education*. Ph. D. Thesis (ed.), in *Dissertation Abstracts International*, 59,12.p.4405 – A.

Philadelphia Child Guidance Center. (1994). *Your Child's Emotional Health: Adolescence – The essential guide to every facet of a child's psychological and mental development, from age thirteen to twenty*. Macmillan, U.S.A.

Purkable, T.L. (2003). *Emotional intelligence, leadership style and coping mechanisms of executives*. Ph.D. Thesis (ed.), in www.eiconsortium.org

Radke, M. Y. and Waxler. C.Z. (1984). *Roots, Motives and patterns in children's prosocial behavior*. Plenum, New York.

Rae, T. (2004). *Emotional Survival – An emotional literacy course for High School students*. Lucky Duck Publishing Ltd., U.K.

Rao, R. (2001). *Development of an in – service training program for Navodaya Vidyalaya teachers in meeting students' emotional needs*. Ph.D. Thesis.

Sabapathy, T. (1986). *A study of the relationship of manifest anxiety, emotional maturity and social maturity of standard 10 students to their academic achievement*. Ph.D. Thesis (ed.), in M.B.Buch (1991), *Fourth survey of research in education*, NCERT, New Delhi.

Salovey, P., Sluyter, D.J. (1997). Emotional Development and Emotional Intelligence : Educational Implications. Basic Books, New York.

Schoiack, L. (2000). Promoting social – emotional competence : Effects of a social – emotional learning program and corresponding teaching practices in the school. Ph.D. Thesis (ed.), in Dissertation Abstracts International, 61, 6.p.2189 – A.

Segal, J. (2000). Raising your Emotional Intelligence : A Practical Guide. Magna Publishing Co. Ltd., Mumbai.

Senge,P., McCabe, N., Lucas, T., Smith, B., Dutton, J. and Kleiner, A. (2000). Schools that learn : A fifth discipline fieldbook for educators, parents, and everyone who cares about education. Nicholas Brealey Publishing, London.

Shapiro, L.E. (1997). How to raise a child with high E.Q. Harper Collins, New York.

Steiner, C. (1997). Achieving emotional literacy: A personal program to increase your emotional intelligence. Avon books, New York.

Stubbs, E.C. (2005). Emotional intelligence competences in the team and team leader : A multi level examination of impact of emotional intelligence on group performance. Ph.D. Thesis (ed.), in www.eiconsortium.org

Summerton, O. (1994). *Becoming O.K: Transactional Analysis – Basic concepts*. Alfreruby Publishers, Bombay.

Wells, K.H. (2004). *Emotional intelligence as an ability and its relationship with openness to difference*. Ph.D. Thesis (ed.), in www.eiconsortium.org

Thomas, V.D. (1987). *A study of the organization and effectiveness of a humanistic class room*. Ph.D. Thesis.

Wollheim, R. (1999). *On the Emotions*. Bell and Bain Ltd., Glasgow, Great Britain.

Zukav, G. (2001). *The heart of the soul: Emotional awareness*. Simon and Schuster, New York.



BarOn EQ-i:YV

by Reuven Bar-On, Ph.D. & James D. A. Parker, Ph.D.

Name: _____ Gender: **Male** **Female**

(Circle One)

Birthdate: ___/___/___ Age: _____ Today's Date: ___/___/___
Month Day Year Month Day Year

Instructions: Read each sentence and choose the answer that best describes you. There are FOUR possible answers. 1 = Very Seldom True of Me; 2 = Seldom True of Me; 3 = Often True of Me; and 4 = Very Often True of Me. Tell us how you feel, think, or act MOST OF THE TIME IN MOST PLACES. Choose one, and only ONE answer for each sentence, and circle the number that matches your answer. For example, if your answer is "Seldom True of Me," you would circle the number 2 on the same line as the sentence. This is not a test; there are no "good" or "bad" answers. Please circle an answer for every sentence.

	Very Seldom True of Me	Seldom True of Me	Often True of Me	Very Often True of Me
1. I enjoy having fun.	1	2	3	4
2. I am good at understanding the way other people feel.	1	2	3	4
3. I can stay calm when I am upset.	1	2	3	4
4. I am happy.	1	2	3	4
5. I care what happens to other people.	1	2	3	4
6. It is hard to control my anger.	1	2	3	4
7. It is easy to tell people how I feel.	1	2	3	4
8. I like everyone I meet.	1	2	3	4
9. I feel sure of myself.	1	2	3	4
10. I usually know how other people are feeling.	1	2	3	4
11. I know how to keep calm.	1	2	3	4
12. I try to use different ways of answering hard questions.	1	2	3	4
13. I think that most things I do will turn out okay.	1	2	3	4
14. I am able to respect others.	1	2	3	4
15. I get too upset about things.	1	2	3	4
16. It is easy for me to understand new things.	1	2	3	4
17. I can talk easily about my feelings.	1	2	3	4
18. I have good thoughts about everyone.	1	2	3	4
19. I hope for the best.	1	2	3	4
20. Having friends is important.	1	2	3	4
21. I fight with people.	1	2	3	4
22. I can understand hard questions.	1	2	3	4
23. I like to smile.	1	2	3	4
24. I try not to hurt other people's feelings.	1	2	3	4
25. I try to stick with a problem until I solve it.	1	2	3	4
26. I have a temper.	1	2	3	4
27. Nothing bothers me.	1	2	3	4
28. It is hard to talk about my deep feelings.	1	2	3	4
29. I know things will be okay.	1	2	3	4
30. I can come up with good answers to hard questions.	1	2	3	4

Items continued on back page...

BarOn EQ-i:YV

by Reuven Bar-On, Ph.D. & James D. A. Parker, Ph.D.

Instructions: Read each sentence and choose the answer that best describes you. There are FOUR possible answers. 1 = Very Seldom True of Me; 2 = Seldom True of Me; 3 = Often True of Me; and 4 = Very Often True of Me. Tell us how you feel, think, or act MOST OF THE TIME IN MOST PLACES. Choose one, and only ONE answer for each sentence, and circle the number that matches your answer. For example, if your answer is "Seldom True of Me," you would circle the number 2 on the same line as the sentence. This is not a test; there are no "good" or "bad" answers. Please circle an answer for each sentence.

	Very Seldom True of Me	Seldom True of Me	Often True of Me	Very Often True of Me
31. I can easily describe my feelings.	1	2	3	4
32. I know how to have a good time.	1	2	3	4
33. I must tell the truth.	1	2	3	4
34. I can come up with many ways of answering a hard question when I want to.	1	2	3	4
35. I get angry easily.	1	2	3	4
36. I like doing things for others.	1	2	3	4
37. I am not very happy.	1	2	3	4
38. I can easily use different ways of solving problems.	1	2	3	4
39. It takes a lot for me to get upset.	1	2	3	4
40. I feel good about myself.	1	2	3	4
41. I make friends easily.	1	2	3	4
42. I think I am the best in everything I do.	1	2	3	4
43. It is easy for me to tell people what I feel.	1	2	3	4
44. When answering hard questions, I try to think of many solutions.	1	2	3	4
45. I feel bad when other people have their feelings hurt.	1	2	3	4
46. When I am mad at someone, I stay mad for a long time.	1	2	3	4
47. I am happy with the kind of person I am.	1	2	3	4
48. I am good at solving problems.	1	2	3	4
49. It is hard for me to wait my turn.	1	2	3	4
50. I enjoy the things I do.	1	2	3	4
51. I like my friends.	1	2	3	4
52. I do not have bad days.	1	2	3	4
53. I have trouble telling others about my feelings.	1	2	3	4
54. I get upset easily.	1	2	3	4
55. I can tell when one of my close friends is unhappy.	1	2	3	4
56. I like my body.	1	2	3	4
57. Even if things get hard, I do not give up.	1	2	3	4
58. When I get angry, I act without thinking.	1	2	3	4
59. I know when people are upset, even when they say nothing.	1	2	3	4
60. I like the way I look.	1	2	3	4

Thank you for completing the questionnaire.



Copyright © 2000, Multi-Health Systems Inc. All rights reserved. In the U.S.A., P.O. Box 950, North Tonawanda, NY 14120-0950 (800) 456-3003
 In Canada, 3770 Victoria Park Ave., Toronto, ON M2H 3M6, (800) 268-6011. Internationally, +1-416-492-2627. Fax, +1-416-492-3343 or (888) 540-4484.
 E-mail, customer.service@mhs.com