

A P P E N D I X - I V

DUTT PERSONALITY TEST

1. I need someone to take/^{care}of or to advise me.
2. When I have sat alone in doors, I feel restless.
3. I have such a poor concentration that I forget what I was doing.
4. I can not sleep because of anxiety.
5. I am afraid that I will go mad.
6. I can not concentrate when I want to.
7. I am more careful inquisitive and anxious than what normally I should be.
8. I am worried about my pain in chest and heart.
9. I am worried about my health.
10. I wish I should be as happy as others.
11. I am so restless that I can not sit in a chair for longer time.
12. I am worried about unimportant issues.
13. I am sure that I have never faced mental or physical difficulties.
14. I feel life is difficult for me.
15. My heart beats faster and because of audial delusions I can not sleep.
16. I am afraid that I have cancer, asthma or heart disease.
17. I avoid going to an unknown shop.

18. I am sure people love me at first sight only.
19. I get mental fatigue soon.
20. I feel tension on my head, back and neck.
21. I get irritated without any reason.
22. It is difficult for me to decide about future.
23. I am scared of sudden light, noise and touch.
24. My sleep is irregular and safe .
25. There was a time in my life when my sleep was irregular and disturbed because of worries.
26. I feel shy talking to a person of opposite sex.
27. I get nightmares.
28. I am worried about my family after my death.
29. I feel tired and irritated waiting for a bus, person or train.
30. I feel I am the cleaverest person on the earth.
31. I sometimes afraid of my friends exposing my secrets.
32. I have a feeling of sin and self-haterate.
33. I get disappointed when people criticise me .
34. I feel people are least interested and feelingless to me.
35. I get involved easily in moral fights.
36. Sometimes I feel I must be looking odd in new cloths.
37. I feel I am weaping.
38. I become restless when I have to see persons elder than me like teachers,(Headmaster), etc.

39. I feel worthlessness.
40. My legs are severing when I am doing some difficult work.
- 41.. I am so sensitive that my feelings gets hurt soon.
42. Sometimes I feel I am the luckiest person in the world made by god.
43. I am afraid that I will loose my friends.
44. I get so angry that I can not even speak properly..
45. I feel I am more conscious about my-self than others.
46. It is very difficult for me to keep control over my emotions.
47. I am sure I have never created any difficulty for anyone anywhere.
48. When two or more persons are gossiping I feel they are talking against me.
49. I feel unhappy thinking about disrespect from my children in my old age.
50. I remain pre-occupied before starting for the journey.
51. I don't like the situation in which I have to take quick decision.
52. I am worried that I am not a good looking person.
53. When I start some new work, I am worried whether others will support me or not.
54. I am not able to think clearly.
55. I feel I am good but useless.
56. I feel the world/^{and}the people are useless.

57. I feel I will get involved in some difficulty.
58. I am worried about what the god of fate must have decided.
59. I became restless when I feel I will not be able to keep up my promises.
60. I get anxious in the situation which demands rigorous attempt.
61. I start perspiring when I have to face some difficulty or difficult job.
62. I am afraid that I will become unproductive and weak.
63. I am afraid I will loose my physical energy in the old age.
64. I am worried about what would happen to my body after my death.
65. I start trembling when I think of death.
66. I feel depressed without any reason.
67. I avoid talking to unknown.
68. I can not forget easily if I have done something anti-social.
69. I feel nobody is loving and good.
70. I feel like destroying many things.
71. I feel like visiting toilet for passing urine often.
72. I feel life is worthless and suicide is the only way to get relief.
73. I am sure I look bad in these cloths.

74. I feel helpless and very unhappy when I have break some social laws.
75. I bite my nails with my teeth.
76. I feel I am going to meet with an accident.
77. I have a complain of indigestion and loss of appetite.
78. I feel energyless without any reason.
79. I feel tensed when someone watches me working.
80. I can not sleep because of worry of not performing my duties properly.
81. I feel someone is cheating me.
82. I feel my stomach heavy.
83. When I am talking to someone, I feel I am not able to express myself properly.
84. When I harm someone, but don't appologied, I feel restless.
85. I feel someone wants to kill me or give me poison.
86. I feel giddiness and ill without any reason.
87. I feel someone is coming to loot me.
88. I feel suffocation and breathlessness.
89. I am worried about my limbs which go cold and blue even in the slightest cold weather.
90. I feel weak and I bow down on the smallest issue.