

A P P E N D I X - IIIDEPRESSIVE ~~A~~FFECT SCALE

1. I feel I can not remain as cheerful as others.
2. I loose my courage very soon.
3. I feel I will not be abbe to do anything good.
4. I remain pre-occupied with my troubles for longer period.
5. I always feel afraid of doing something wrong.
6. I have doubts about my future progress .
7. Sometimes I am over bothered about small matters.
8. In normal situation also I become more emotional.
9. Getting scared of being unsuccessful I feel reluctant to take advantage of the opportunity.
10. There is nothing in my life which can make me full of zeal.
11. Inspite of coming in contact with many friends, I feel aloof.
12. Sometimes I am so angry that I do not get sound sleep.
13. I feel I will never be successful.
14. I feel gloomy when I think about the incidences of the death.
15. I remain angry without any reason at home.
16. I feel very disturbed when teachers or elders scold me.
17. I run away from emergency and difficulties.

18. I am not happy inspite of getting expected things.
19. I believe every one gets reward of their deeds.
20. I am not happy like others.
21. I do not feel interested in study or any other activity since past sometime.
22. I remain unhappy because I can not share my difficulties with others.
23. My friends, teachers and elders makes me disappointed often.
24. Sometimes I remain so pre-occupied that I do not remember what I did.
25. I feel I am good for nothing.
26. Sometimes I feel like running away from the house or institution to a lonely place.
27. I don't feel happy anywhere.
28. I remain alone for hours together.
29. I am not able to do anything on my own.
30. I don't feel like participating when others oppose.